

A Word from The Editor.....



Welcome to the **June Signpost**. Well, no doubt I am not alone in feeling very patriotic this month as we all look to celebrate the Queen's Platinum Jubilee. See inside the magazine for all the up-to-date details of what's going on over the long bank holiday weekend. A BIG thank you to everyone involved in arranging all of our local events. There are lots of weddings coming up over the summer months so I would like to wish all those embarking on wedded lives many years of marriage filled with love, happiness, and laughter.

Holidays both home and abroad are happening for many people, so there are some handy tips in this issue for those having a staycation. If you are one of the lucky ones looking forward to an upcoming holiday, have a safe trip and enjoy.

I shall look forward to bringing you all the latest news and Jubilee reports again next month – please send me your photos of the celebrations.

If you would like to see anything else within the magazine, whatever it may be, I would gratefully receive it for inclusion in upcoming editions. If you would like any family or friends' birthdays or anniversaries celebrated, then please do let me know and I will include in next month's magazine.

The next magazine will be the July issue with a deadline of 24th June 2022.

To register to receive The Signpost via email each month, please email Amy <u>bakergirl174@gmail.com</u>

News of the Carlford Churches and details of online Worship can be found on the website <u>carlfordchurches.org</u> and within the Mini Grapevine. If you would like to receive the Mini-Grapevine weekly via email, please register via the website <u>carlfordchurches.org</u> or with Mark Cresswell – <u>mark@carlfordchurches.org</u>. There are links on the Carlford Churches website to the Facebook page, Mini-Grapevine and The Signpost. The Carlford Churches Facebook page can be accessed directly <u>http://facebook.com/carlfordchurches</u>. Should you wish to speak with Rev'd Katrina Dykes or a member of the benefice team please telephone 01473 735183.

Keep safe and I hope you all enjoy the Queen's Platinum Jubilee take care till next month...

With best wishes,

Amy

Road of my Desire



O Thou who dost direct my feet To right or left where pathways part, Wilt Thou not, faithful Paraclete Direct the journeying of my heart?

Into the love of God, I pray, Deeper and deeper let me press, Exploring all along the way Its secret strength and tenderness.

Into the steadfastness of one Who patiently endured the cross, Of Him who, though He were a Son, Came to His crown through bitter loss.

This is the road of my desire – Learning to love as God loves me, Ready to pass through flood or fire With Christ's unwearying constancy.



By Frank Houghton (1894-1972)

<u>Rainfall April</u>

This has been a very dry April and showers have been almost non-existent but a cold wind from the north and east has dominated the month. There has however, been many days when it was very sunny but with the winds coming from a cold quarter it hasn't been at all warm. Rainfall for the month was .40 inches.

Russell Ling

June Weather Sayings.....

June damp and warm does the farmer no harm

If it rains on Midsummer Eve (23rd) the filberts will be spoiled

If a cuckoo sings after St John's Day (24th) the harvest will be late

A wet June makes a dry September, calm weather in June, sets corn in tune

Before St John's Day we pray for rain, after that we get it anyhow

When the wind goes to the west in early June, expect wet weather 'til the end of August

Seagull, seagull sit on the sand, its never good weather while you're on the land



STRAWBERRY PARFAIT - SERVES 6-8

A special frozen dessert for summer. It looks pretty turned out, cut in slices.

4oz (125 g) Sugar6fl oz (185ml) water2 egg yolks1lb (500g) Strawberries10fl oz (315ml) double cream, lightly whipped
2 tbsp Greek-style plain yoghurt

Boil Sugar and water together in a pan for 5–10 minutes to reduce to a sugar syrup. Cool slightly. Place egg yolks in a bowl over boiling water and whip until light and fluffy. Slowly pour on the sugar syrup in a thin stream, beating all the time, and continue beating for a further 2 to 3 minutes, then remove from the heat and leave to cool. Hull strawberries and wash. Roughly chop and mash half of them, cut the other half into neat quarters. When the egg yolk mixture is cold, fold in cream, yoghurt, and mashed strawberries. Pour into an oblong freezing container and freeze for 20 – 30 minutes, or until mixture begins to go firm at the edges. Remove from the freezer, mix gently and fold in remaining strawberries. Return to freezer and freeze until firm.

A (Royal) Dog's Life



We dogs, who live with royal folk Who feel Her Maj's royal stroke; We like to hear <u>important</u> talk Of dinner time, and our next walk.

But lately there's been so much rushing People bowing, people fussing. Trumpets blare and soldiers shout What *is* all the noise about?

No-one thinks of corgis' needs Like, where's our bone, and where's our leads? We're not allowed a doggy romp 'Midst all the pageantry and pomp!

Adding to our canine woes They all wear their finest clothes, So we're all stuck behind closed doors Lest we might smudge them with our paws.

But things will come to settle down. It's life, when Mistress wears a crown; Yes, it will pass, you all will see This business of the Jubilee.

So, we shall wag our doggy tails! Be happy, like the Prince of Wales! We think the Boss has done just fine Being Queen for all this time! By Nigel Beeton

5th June - Fire of Pentecost



"You shall receive power when the Holy Spirit comes upon you and you will be witnesses to me in Jerusalem, and in all Judea and Samaria and to the ends of the earth" Acts 1:8

We all get tired and battle weary sometimes. The disciples of Jesus had just been through a three-year long roller coaster adventure with Jesus that had culminated in His death, resurrection and ascension into heaven.

The range of emotions would have been hugely taxing in the days leading up to Pentecost, as they remembered Jesus weeping in the garden of Gethsemane, betrayed by Judas, brutally beaten and crucified, and then dead and buried. Then there had been the shock and awe of finding out that He was alive again! But then He had left them again, to return to His Father. By the time the day of Pentecost arrived, the disciples would indeed have welcomed some fresh spiritual fire!

For us today, many of us have felt emotionally drained with the uncertainties caused by Covid 19, the worry of prices rising at an alarming rate, and now the pain and uncertainty of what will happen in the war in Ukraine.

So, what better day to pray for fresh spiritual fire for each of us? As we celebrate the outpouring of the Holy Spirit and birth of the Church, let us thank God that He will never leave us or forsake us.

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DID YOU KNOW

- June was called sera monath by the Anglo-Saxons, which translated into "dry month".
- 1st June 1935 Compulsory driving test is introduced for all drivers in England.
- June used to be the fourth month in the year. Before Julius Caesar came to power, the calendar year only had 10 months. In 46 BC he created the Julian calendar by adding two more months to the year, which made June the sixth month.
- No other month in the year begins on the same day of the week as June.
- 2nd June 1953 Queen Elizabeth II formally crowned as the Queen of England.
- June has two star signs. If you were born on or before June 20th then you're a Gemini. Gemini's are said to be passionate, adaptable, and smart. If you're born on or after the 21st of June, you have the Cancer star sign. Those born under the Cancer sign are said to be loyal friends with great emotional depth.
- June was apparently not very popular with William Shakespeare, as it was only referenced in two of his famous plays - Cleopatra, and Henry IV.
- June has its own beetle named after it. Called the June beetle, or June bug, it's normally only found within the months of May and June in the United States of America.
- The period of time from the middle of May to the middle of June was considered by the ancient Romans to be an ill-omened time for marriage. The story goes that Ovid, a Roman poet, consulted with the high priestess of Jupiter and asked when would be a good time for his daughter's wedding. The high priestess decreed that he should wait until after June 15th. Contrary to Roman beliefs about the best and worst times to get married, June is now considered one of the very best months!
- 4th June 1942 The Battle of Midway (World War II) began.
- The birth flowers of June are the honeysuckle and the rose. Both of these flowers are symbols of all things relating to love, desire, generosity, and affection. If you were born in June, then there's a good chance you'll be a bit of a hopeless romantic!
- June has three birthstones alexandrite, moonstone, and pearl. Alexandrite is said to represent longevity and health. Moonstones are said to bring good luck and associated with love and passion. Finally, we have pearls, the main birthstones of June. Above all else, pearls represent purity and faith.
- 6th June 1984 Indian government sent army troops into the Golden Temple compound where they killed at least 500 Sikh rebels.
- 8th June 1968 James Earl Ray captured at London airport 2 months after assassination of Dr Martin Luther King Jr.
- 14th June 1942 Anne Frank began her diary after she received it for her 13th Birthday.
- 26th June 2009 Michael Jackson (the King of Pop) died.

Famous Birthdays

- 1st 1769 Arthur Wellesley, Duke of Wellington & Marilyn Monroe in 1926
- 7th 1812 Robert Browning, English poet
- 10th 1754 Sir John Sinclair, Scottish politician, and agriculturalist
- 12th 1820 Florence Nightingale, English nursing pioneer of the Crimean War
- 15th 1935 Ted Dexter, English cricket captain and MCC President
- 18th 1872 Bertrand Russell, English philosopher received Nobel Prize for literature 1950
- 21st 1736 Francis Egerton, Duke of Bridgewater Pioneer of Britain's canal system
- 23rd 1795 Sir Charles Barry, Architect who designed the Houses of Parliament
- 28th 1759 William Pitt (the younger) Politician who became the youngest ever British Prime Minister at the tender age of 24.



There are many swarms of bees around this year. We experienced a large swarm at the family farm but with the help of my father-in-law and husband they set to work and removed them safely and took to their new home.

Bees usually swarm in the spring, but occasionally do so in summer or even in fall. Why do bees suddenly decide to get up and move en masse? It's actually normal bee behaviour. Bees swarm when the colony gets too large. Honeybees are social insects (eusocial, technically), and the honeybee colony functions much like a living organism. Just as individual bees reproduce, the colony must reproduce, too. Swarming is the reproduction of a colony, and it occurs when an existing colony subdivides into two colonies. Swarming is essential to the bees' survival. If the hive becomes overcrowded, resources will be scarce and the colony's health will begin to decline. So, every now and then, a bunch of bees will fly out and find a new place to live.

When the colony gets too crowded, the workers will start preparing to swarm. Worker bees tending to the current queen will feed her less, so she loses some body weight and is able to fly. Workers will also start raising a new queen by feeding a chosen larva a large quantity of royal jelly. When the young queen is ready, the swarm begins. At least half of the colony's bees will quickly leave the hive, prodding the old queen to fly with them. The queen will land on a structure and workers will immediately surround her, keeping her safe and cool. While most bees tend to their queen, a few scout bees will begin searching for a new place to live. Scouting may only take an hour or so, or it can take days if a suitable location proves difficult to find. In the meantime, the large cluster of bees resting on someone's mailbox or in a tree may attract quite a bit of attention, especially if the bees have alighted in a busy area. Once the scout bees have chosen a new home for the colony, the bees will guide their old gueen to the location and get her settled. Workers will start building honeycomb and resume their duties raising brood and gathering and storing food. If the swarm occurs in spring, there should be ample time to build the colony's numbers and food stores before the cold weather arrives. Late seasons swarms don't bode well for the colony's survival, as pollen and nectar may be in short supply before they've made enough honey to last the long winter months. Meanwhile, back in the original hive, the workers that stayed behind tend to their new queen. They continue to gather pollen and nectar and to raise new young to rebuild the colony's numbers before winter.

Are Bee Swarms Dangerous? No, actually quite the opposite is true! Bees that are swarming have left their hive, and don't have brood to protect or food stores to defend. Swarming bees tend to be docile and can be observed safely. Of course, if you are allergic to bee venom, you should steer clear of any bees, swarming or otherwise.

It's fairly easy for an experienced beekeeper to collect a swarm and move it to a more appropriate location. It's important to collect the swarm before the bees choose a new home and start producing honeycomb. Once they find a place to live and go to work making honeycomb, they will defend their colony and moving them will be a bigger challenge.



NATIONAL GARDEN SCHEME Garden Open For Charity

Berghersh Place Witnesham, Ipswich, IP6 9EZ

Sunday 29 May - 12 - 5pm

Adults £5 Children free Light Refreshments with Gluten-free options

Open by arrangement in June Adults £5 Children free

01473 785504 wendyparkes@live.com



Light Refreshments with Gluten-free options

In 2021 the National Garden Scheme donated over £3 million to beneficiaries, providing critical support to nursing and health charities following a year of crisis.

The principal charities who received proceeds from garden openings were: Marie Curie, Macmillan Cancer Support, Hospice UK, Carers Trust, The Queen's Nursing Institute and Parkinson's UK.











More information at ngs.org.uk

Queen Elizabeth II Platinum Jubilee Celebration Witnesham & Swilland



"I, Queen Elizabeth II, call upon all persons here present to support your fellow comrades in the organisation of celebrations in my honour".

Saturday 4th June 2022 - Witnesham Primary School Field - 11am onwards

*There will be 30+ Stalls providing ... Jewellery **Resin Gifts** Sweets Handmade clothes Books **Beauty Products** Skin Care Homemade Jams Keyrings Animal Drawings / Photography **Dog Supplies** Wood Craft Wax Melts / Candles Personalised items And much much More...

* Live Music *BBQ by The Moon & Mushroom Swilland *Cakes & Soft Refreshments * CTC Musical Theatre Performance & Workshop * Pitch & Putt Golf * Bowls * Witnesham Wasps 5 Aside * Bouncy Castle * Face Painting * Fun Fete Games, Lucky Dip, Tombola, Hook a Duck, Coconut Shy, Stocks.... * Craft Activities * Raffle

All funds raised will be donated to Witnesham Primary School and Witnesham Pre-School

12th June - Without the Trinity, there is no Christianity

The Trinity is easier to say than to explain. Christians believe in one God, made up of three equal Persons. It is fundamental to the Nicene Creed, which sets out the definitive doctrine of the Trinity for more than two billion Christians worldwide, including all Roman Catholics, Eastern Orthodox, Anglicans, Lutherans, Presbyterians and Reformed Christians.



The theologian Ian Paul, writing on the Book of Revelation, points out that chapter five has a wonderful depiction of the Trinity in action. He writes: "...another figure appears in the drama, the lion who looks like a lamb. ... Here is the one who fulfils the hopes of God's people Israel, as the promised anointed Davidic king who was to come. Here is one who is fierce and powerful enough to

conquer their enemies, and tear them apart.

"And yet when John sees Him, He is like a weak and vulnerable lamb who has been slaughtered, just as the Passover lamb eaten by the people, the suffering servant who was 'wounded for our transgressions' and the lamb offered as an atoning sacrifice. He is the one who *was* slain, but *now* stands, and shares the throne with God, and with Him sends the Spirit to enact His will on earth. Here we have the most explicit (and perhaps the most complex) Trinitarian statement in the whole New Testament."

From the Revd Dr Ian Paul's excellent blog at: <u>https://www.psephizo.com/revelation/what-does-rev-4-5-tell-us-about-the-trinity/</u> (dated May 17, 2017).



A winter's day in early Summer!

You would be forgiven for thinking that the photograph was a taken on a frosty winter's morning or cobwebs caused by spiders but you would be wrong. These



cobwebs are the work of tiny caterpillars.

An unusual spectacle of the natural world has been appearing across Norfolk and Suffolk. Hedgerows and bushes have been covered in web-like blankets metres long which are the work of a species of moth caterpillars.

The caterpillar first builds a tent or web in the

fork of a tree, and as it leaves to feed on new leaves, it is trailed by a silken strand which will get larger as the caterpillar feeds. They favour different types of plants and shrubs which are commonly found in our hedgerows.

The moths produce these huge, thick webs to protect themselves against predators, such as wasps and birds. The predators assume that the webs are that of spiders and therefore leave well alone. The populations will bloom one year and not the next and this tends to fluctuate with the population numbers of wasps as well. They tend to last from May to June before slowly disappearing over the summer until the adult moths set flight late summer.

Not all caterpillars are web makers. There are only two species that make such a mess. They are the webworm caterpillars and tent moth caterpillars. They both produce silk threads that are used to spin the webs on top of the leaves and then they eat their way out of them. These species spin webs on deciduous trees like walnut, pecan, oak, and elm.

After hatching, caterpillars eat for about 4 to 6 weeks. As they feed on the tree or bush leaves as a group, they make a cocoon-like web out of their silk threads. The silk comes from glands that are attached to the mouth of the caterpillar. While munching away at the leaves, they release these long, sticky strands of silk that attach to both the caterpillar and the leaves around it. The sticky silk also protects the caterpillars from weather elements like rain and hail.

Caterpillars are herbivores, and they eat plants or plant material. When they are young, they are very small, so they can eat individual leaves of plants or trees. As they grow, they need more food to gain energy. In addition, the caterpillar may be too soft to move around easily, creating a nice, protected environment for them.

The webs can be found in one long strand or in a bunch of smaller strands and can be up to 15 feet long! The moths lay their eggs in bunches of 10-100 eggs on leaves or branches, and when the larvae hatch, they start to eat the leaves, then build their little homes out of silk and leaf fragments.



"An understanding of the natural world and what's in it, is a source of not only a great curiosity, but great fulfilment."

- Sir David Attenborough

Otley and District Gardening Club

Dear Readers,

What a busy month it's been already and how next month is even busier! So please bear with me as I make my way through the up-and-coming events and trips.

Firstly though, how glorious the garden is looking at the moment. The roses are starting to bloom and there's a real sense of summer being on the way. The plants that are taking centre space in our garden are the Geum's. They come in a wide range of oranges, yellows, reds and now pinks. Scarlet Tempest is my favourite. Masses of small red flowers on the end of long flowing stems. One to look out for this summer!



So, onto the events that the Otley and District Gardening Club are involved with...

We're getting the Otley Community Orchard off the ground, setting up the Facebook page for people that are interested in helping (click here to go to our <u>Facebook page</u>). We've got 96 members so far. Please look out for updates on the Otley Village Stores group and our own on how you can help with this amazing project. For those of you who don't know, we're in the beginning stages of starting up a community led orchard in the centre of the village for all ages to enjoy, with the aim to meet, share gardening knowledge and aspirations. It will also provide a different source of food for all to enjoy growing and sharing together. This calm space is a place to reflect quietly in nature, alone or with family and friends. It will be situated in the far corner of the playing field at the village hall. We even have an established apple tree already! It was destiny.



Our Annual Charity Plant Sale takes place this weekend 28th-29th May with all proceeds going to Dementia UK. Please come along and support our event if you can. I hope you don't miss out on our bargains. We have stalls in Otley and Ashbocking. Anerley House, Helmingham Road, Otley and Old Cottage, The Green, Ashbocking. Come along

and see what gems we have.

It's the big Jubilee celebrations this month too, and we've been asked if we can provide some red, white, and blue flowers from our members and followers gardens to help decorate the Jubilee event in Otley. If you have anything like that you can willingly spare, please get in touch with me on <u>phil@florabundant.co.uk</u> or 07880627984. The more we can have the better. Thanks in advance.

We're having a trip to The Urban Jungle and The Old Vicarage Gardens at East Ruston which we still have 6 spaces available. It's £30 including travel (both ways) and entry into the gardens. We aim to leave by 9 o'clock on Wednesday 29th June from Otley Village Hall. Please can you let Issy Lincoln know by emailing her on issywizzy58@gmail.com or contact me on the details above. We would need to know ASAP please.

And that is all for now. I hope you have a great month ahead and that we get some stunning weather to be able to celebrate the Jubilee in the way it's meant to be enjoyed.



Phil Pollard, The Green Chairman, Otley and District Gardening Club

Brainteasers

- 1. A woman is born in 2020 but dies in 1995. How is this possible?
- 2. You are a cyclist in a cross-country race. Just before crossing the finish line, you overtake the person in second place. In what place did you finish?
- 3. First, I threw away the outside and cooked the inside. Then I ate the outside and threw away the inside. What did I eat?
- 4. A cowboy arrives in town on Friday, stays for three days, and then leaves on Friday. How did he do it?
- 5. I am an odd number. Take away a letter, and I become the same. What number am I?

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When you're cooking & the recipe says "chill in the fridge for one hour"



TELLING YOUR LUGGAGE THERE WILL BE NO VACATION THIS YEAR CAN BE TOUGH.

(Solutions on Page 22)

NEWS FROM OUR CHURCHES

ASHBOCKING

With warmer weather (well, a bit warmer) we are beginning to think of summer holidays, and days out. May is nearly over and let's face it, June brings us to mid-summer which does seem a little crazy at the moment. However, longer evenings mean we are out and about for longer in the day and villages are preparing for the Queen's Jubilee. Ashbocking is celebrating a week later than most, on the 11th of June, with a celebration in one of Andrew Gaught's barns at The Manor Farm.



There will be live music, hot food, and a bar. This is a prepaid, ticketed event run by the Parish Council. Tickets are available from Tony Gilbert on 01473 890997. Many thanks to them for all their hard work preparing everything and for clearing up afterwards. I'm sure a few extra volunteers to help

would be appreciated.

There is a definite air of excitement as the time approaches and many villages across the country are advertising their own way of celebration. We look forward to the beacon lighting at Otley and one or two Ashbocking souls are singing in the Jubilee Choir there. It is lovely to feel communities coming together in celebration.

The end of April was the start of new Lay led services in Swilland and Ashbocking. The first service in Ashbocking was well attended and enjoyed by all with coffee and biscuits afterwards. These services will generally be slightly shorter than the regular service and aims to be more relaxed with some participation if you want to.

The May Lay led service was at Swilland and they will alternate between the two churches with Brian and I leading them between us except for holidays.

Unfortunately, there is no Lay led service in June as we are both on holiday but will resume on the 24th of July. Details next month.

The regular church service for Ashbocking will be on Sunday the 12th of June at 11am. Everyone is welcome and we will be having refreshments afterwards.

The next Coffee morning is on Friday 3^{rd} June from 10:30am to 12:00noon at Hawthorns, The Green. Let's hope the weather will be kind and we can spread



ourselves outside. Everyone is invited, not just people who attend the church, but for anyone in the village to join us for a chat, a cup of tea or coffee and a piece of cake. We do sometimes have visitors from neighbouring villages, and we are always pleased to see them. It is also a chance to hear what is going on locally and express your ideas. I would really appreciate some input regarding fund raising events. I have my ideas, but it always helps to hear what you have to say. Events must be do-able and fun. I look forward to seeing as many people as possible, even if it is only a quick pop in. Children always welcome.



Knit and Stitch will be on Monday 3rd June, also at Hawthorns, at 10:00am until 12:00noon. We welcome newcomers and anyone who would like to learn to knit, crochet or cross stitch. Also, if you have a skill you can share with us. Again, we have members

from outside the village, so do come if you would like to join us. We enjoy a lively chat and refreshments.

For further information Tel: Linda Pollard on 07887537152

Linda Pollard Tel: 07887 537152

To the one who remembers the Spirit there is always a way out, even in the wilderness with the devil. – Herbert Brokering

CLOPTON

Preparations are well under way for the celebrations in Clopton for the Queen's Platinum Jubilee.

The beacon will be lit at the same time as others all across the country. There will be a barbeque and live music. On the Friday there will be a fete in the afternoon. There will be lots of stalls and games, a very



special Tea Room, live music and a dog show. Lots of local businesses have

donated some superb raffle prizes so it should be a good afternoon. Clopton church will be having a white elephant stall to raise funds for the organ, so come along and get a bargain!

On Saturday afternoon at 3pm Peter Day will be playing for a 'Singalong' in the church. Lots of popular songs to sing and bring back memories of the songs we loved years ago. There is no charge but donations to the organ fund will be gratefully received. Teas, coffee and delicious cakes will be for sale after. There are lots of events happening on the Saturday but please try to pop into the church



if you have an hour to spare. (Further Jubilee details can be found on the <u>Clopton Facebook page click here</u>).

Velcome I It was lovely to welcome at our Communion service some of the Ukrainian people who are living with two families in Clopton. We hope that they will settle in well and be happy here in our village.

Hobbies morning will be on 1st June from 10am until noon in the village hall. Coffee morning will also be from 10am until noon in the hall on 15th June. Everyone is very welcome and it is good to see people from other villages.

Doris Main

OTLEY

Our regular Family service, on 1st May, was memorable in that it included a total immersion baptism. In Otley church we have a feature which is unique in an

Anglican church in Suffolk, and possibly in the whole country – a total immersion baptistry. The origins of this feature are unclear and it has been suggested that it was installed for the benefit of Anabaptists in the late 18^{th} century before the Otley Baptist chapel was founded in 1800. Records show that it was last used in 1840. It is situated beneath the vestry floorboards and was left unused for 100 years, until it was accidentally rediscovered by workmen in 1951.

Following a request, the baptistry was uncovered, cleaned out and filled with water. On 1st May history was made



when Kurt Finch was baptised by the Chaplin of Framlingham College, who is a personal friend. Revd. Kathleen Martin was also in attendance.

On Sunday 8th May in Grundisburgh church, the benefice celebrated the formal Induction and Installation of Katrina as Rector. The service was conducted by The Archdeacon of Suffolk, Jeanette Gosney. It was a joyous occasion with representatives from all parishes within the benefice, as well as visitors from Katrina's previous benefice.

Sadly, a memorial service was held on 23rd May to celebrate the life of Barry Bailey who died earlier this month. Barry and his wife, Janet, have lived in Otley for very many years and he will be greatly missed.

As part of the Queen's Platinum Jubilee celebrations, the church will be conducting an open-air family service on the village playing field on Sunday 5th June at 12.00 noon. This will be followed by a community family picnic. The church will provide tea, coffee and soft drinks. The afternoon will continue with live entertainment. It is hoped that as many people as possible will attend to celebrate this huge milestone in our Queen's reign.



Nigel Crowley

Jubilee celebrations in Otley

To get into the spirit of the celebrations we would like you to decorate your homes in a Jubilee way the week before. The judging is at 11am on Thursday 2^{nd} June with the winner being announced at lunchtime. Our eldest residents will be the judges. The winner will have the honour of lighting the beacon!

Celebrations begin on:

Thursday 2nd June where we will join the nation in the playing field with our very own Beacon Ceremony at dusk. There will be a competition to find the lucky person who will light the beacon as well as a candlelight procession. Judging of the best dressed house in the village.

During the Beacon lighting the whole nation is being encouraged to learn a new song for the Commonwealth specially to celebrate the Jubilee. Judy Cairns is

inviting anyone who enjoys singing to join a choir to learn the song. She will be running sessions in the village hall in the coming weeks. If you are interested, please contact Judy on 01473 892681.



Friday 3rd – Inter-village baton relay – more information in the village shop.

Saturday 4^{th} – is going to be our day for the fete, (usually held in July). As in past years, we begin the afternoon with the Samba dancers.

Our fete wouldn't be the same without the tug of war and egg throwing but we also aim to have some traditional races too.

We hope there will be plenty of entries for the Dog Show!

Of course, there will a BBQ, beer tent, ice cream and afternoon teas.

Festivities then move to The White Hart where there will be live music during the evening.

Sunday 5th - At 12 noon, you are welcome to come together for The BIG Lunch where we bring our picnics to share and enjoy live entertainment.

We would like this weekend to be a coming together of our village as well as the Jubilee celebration and so we're looking for volunteers to help run these events, over the four days. If you can help, please email <u>julie.m.baker@gmail.com</u> or <u>jk.w@btopenworld.com</u>.

SWILLAND



We have been collecting for Christian Aid this week and have had a generous response from people in Swilland. In addition, the collection on 22^{nd} May will be sent to Christian Aid. This is a very worthwhile charity. I will report the result next month.

On 21st May we had our first Lay led service. This was led by Brian Williams we are most grateful to him for taking this on. It was a very interesting service. The plan is to have a Lay led service each month, alternating between Swilland and Ashbocking. The Ashbocking service will be led by Linda Pollard. This will give us two services in Swilland every other month and we hope we will support each other's services. The Ashbocking service will be on the 4th Sunday of the month and we hope in future the Swilland one will be on the 1st Sunday of the month probably starting in July. Keep a look out for details on the A-board at the end of Church Lane.

There is lots going on in Witnesham and Swilland over the Jubilee weekend. The Witnesham and Swilland Parish Council website gives details of events taking place. We look forward to the scarecrows that should appear in the villages from 26th May. (*Much of the details can also be found in the advert on page 10*)



We are most grateful to Sam Salter for setting up the Swilland WhatsApp. It is a good place to advertise any local event.

The next Village Coffee Morning will be on 25th June at Gill Reidy's house, 2 Church Lane. Do come and join us - it's open to all.

Ann Kent

15th June - Who was Evelyn Underhill?

Evelyn Underhill was an English Anglo-Catholic writer, poet and novelist. She is known for her numerous writings on religion and spiritual practice. Underhill was born in Wolverhampton in 1875, and during her lifetime published 39 books and more than 350 articles and reviews.



She married Hubert Stuart in 1907. Together they travelled regularly to Switzerland, France and Italy, where she pursued her interests in art and Catholicism and visited numerous churches and monasteries. She pursued a daily routine that included writing, research, worship, prayer and meditation.

During the First World War Underhill worked at the

Admiralty in the naval intelligence (Africa) department. In 1921 she became an Anglican and later changed her views about conflicts and in 1939 she became a Christian pacifist.

From 1924 she became widely respected as the creator of Anglican retreat houses in the UK. Her first was at Pleshey, a small village in Essex. These were havens of peace and prayer where many drew closer to God; sought His will for their lives and found renewed strength on their return home. Underhill also believed that retreat attendees should be warm, comfortable and well-fed as their physical well-being was just as important as their spiritual needs.

In her 50s, her writings became more focused on the Holy Spirit, and she became a prominent figure as a lay spiritual director, guest speaker, radio lecturer and a proponent of contemplative prayer.

Underhill died in Hampstead, North London, on 15th June 1941, aged 65 years.

Solutions to the Brainteasers on Page 15

- 1. The woman was born in 2020 B.C.
- 2. Second Place. If you pass the person in second, you take second place, and they become third.
- 3. Corn on the cob.
- 4. His horse was Friday.
- 5. Seven (remove the "s" and it becomes "even").











How to Plan and Prepare for Your Perfect Staycation



The UK has some of the most envied holiday destinations in the world, from

London to the Lake District with many more unspoiled gems in between. With so much on your doorstep, why venture abroad?

Location, location, location - The first thing on your agenda will be the location(s) you ultimately choose to enjoy on your UK staycation.

Travel insurance - is still worth considering for UK based holidays, as it can offer you much needed protection should something go wrong.

Breakdown Recovery - When booking any type of holiday where you're driving on new roads, and making trips that are out of your local area and routine, it's always a good idea to check what level of cover your breakdown cover offers. Your best bet here is national recovery breakdown cover.

Drawing up an itinerary - It pays to research the local area in detail. By perusing local guide books, blogs and online reviews you can get a gauge for amenities and activities in the surrounding areas and start planning events for your holiday. For popular activities it can be worthwhile booking ahead of time to avoid disappointment.

Check your car before you leave

Tips of what to check on your car before going on a holiday.



Tyre pressures - The correct tyre pressure is essential to making sure that your car can brake, grip and steer properly. Even one over- or under-inflated tyre can have a big impact on how your car drives. You can find the right tyre pressure for your car in your handbook and usually on a panel just inside the driver's door. Topping up with more air at your local garage is easy, with most pumps allowing you to set the required pressure first.

Windscreen wipers and screen wash - Driving with a dirty or smeared windscreen is frustrating and can also be dangerous. Check your windscreen wipers for wear and replace them if needed. Don't forget to also make sure your screen wash is topped up sufficiently so you can keep your windscreen clean throughout the journey. Also look out for any chips or cracks in your windscreen. If you find one, you should get it fixed as soon as possible. Small, easily repaired flaws can grow rapidly into big problems if ignored.

Oil Level - Oil is absolutely vital in keeping your car's engine running smoothly. Running out could cause costly damage and leave you stranded. Check that it hasn't gone below the minimum level and top it up before your journey. Be careful not to put in too much oil either, since that's also not good for the engine.

Lights - Fully functioning lights are essential for safe travel, not just so you can see clearly



but also so that other road users can see you and know your intentions. Before a long journey, is a good time to check your headlights, indicators and brake lights. Have a helper stand at the front and back of the car while you turn on each of the lights in succession – main beam headlights, dipped beam, indicators, brake and reverse lights.

Engine coolant- Coolant keeps your car's engine healthy by regulating the temperature of the cooling system. You can see the fluid level in a reservoir in the engine bay. If it's close to, or below, the marker for the minimum level, you'll need to top it up.

Tyre tread depth - Worn tyres can seriously affect your car's handling, braking and safety as a whole. Before a long journey, check that your tyre treads have a minimum depth of 1.6mm across the central three quarters using a measuring gauge. If your tread is between 1.6mm and 3mm, consider replacing your tyres before your trip.

Fuel level - Most people are keen to get on the road and make good progress but filling up with a tank of fuel at or near the start of your journey could save you time. Knowing that you've got a full tank gives you peace of mind and could stop you having to drive around an unfamiliar location towards the end of your journey, desperately hunting for a fuel station.

If you have a plug-in hybrid or electric car, make sure it's fully charged before setting off. Some also allow you to set a timer to pre-cool or preheat the car while it's charging. It's worth doing this because it reduces the amount of battery power you use once you start moving.



Emergency supplies - Pack anything that may be useful in an emergency if you were to break down. A red warning triangle is highly recommended in order to alert other drivers of your presence and it's always worth keeping some spare clothes and snacks in the car in case you get stuck somewhere for a while.

Driving mode - Many newer cars offer a range of driving modes that allow you to change the engine, braking and sometimes even suspension settings to suit different needs. For a long journey, you might want to select an 'eco' driving mode to help you get more miles per gallon (or charge), for example, or a 'comfort' mode to make the trip as relaxing as possible.

When it comes to preventing a breakdown, remember the acronym

FORCES

Fuel, Oil, Rubber, Coolant, Electrics, Screen wash



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RUSSELL LING REPORTS

Otley Windmills



The last remaining Postmill in Otley was opposite the Post Office and was known as Davey's mill, the sails were taken down in 1908 and the buck that is the top half was removed about 1914. The brick roundhouse under the mill was not demolished and milling continued powered by an oil engine up until the early 1950s. There were two other

mills in Otley the first to go was a Postmill standing somewhere near Weavers cottage on the Ipswich Road, it was moved to Mendlesham in 1837. A Smock Tower mill dated back to 1824 stood on Otley Green and was taken down about 1908. It appears that it was a common practice to demolish mills when redundant and use the parts to renovate other mills. Most villages would have had one or two windmills to grind wheat for bread and other cereals for farmers to feed to livestock. Following on from windmills there were plate mills which were powered by an oil engine via a pulley and flat belt and then hammer mills by electricity. One has to remember that many villages were not connected to mains electricity until the 1930s and some only after WW2.

There were three types of windmills firstly the early smock mill or post mills, these had a large post to ground level supported by side posts up to the base of the buck. Subsequently a brick roundhouse was constructed which gave weather

protection to these timbers plus added storage. The roundhouse was of a circular brick construction which supported the buck with bearers across the top. The inside would hold sacks of grain which would be lifted up to the top of the mill by a chain driven from gears powered by the sails. The grain was then tipped into a hopper above the grinding stones.



The second type of mill was the tower mill these were brick built from ground level tapering to the roof, windmills in the Fens were of this type. The third type of mill were the early tower mills clad with either horizontal of vertical boards, these were either painted or tarred. The roofs of all mills were usually tapered boards covered in felt or canvas some were tiled or copper domed. Most mills had four sails but there were some with six.

The sails on the early mills consisted of a wooden frame covered with canvas clothe, a door positioned just over the top of the sail shaft gave access to this frame. A man would climb out onto the upright frame and tie the canvas clothe which was four foot wide to the top strut it was then dropped down to the bottom of the sail. The man then had to climb down using the struts and tie the canvas to the frame as he went down, the remaining sails were then turned to the upright position and the method repeated until all four sails were covered. This was very labour intensive and was soon replaced with a new system of slates similar to a venetian blind. The slates could be adjusted to being open or partly closed



depending on the wind strength as the sails were required to turn at roughly 13 rpm. The millstones which ground the corn would then revolve at 100-140 rpm, this was the ideal speed for this purpose. It was necessary to keep the sails facing the wind and a tail pole on the rear of the mill which included the steps to reach the buck would have to be pushed round by hand to move the mill to the required position. Some mills had a fan tail at the rear which did this automatically, Otley mill had one. The miller's life was dictated by the wind and if there had been a period of calm when the wind didn't turn the sails he would have had to work day and night to catch up. Windmills were

vulnerable to gale damage and in 1703 there were 400 of them blown over. The other danger was fire, the gears on the mill which were made of oak could get hot after a period of constant use and flour dust could ignite if allowed to build up and some did get burnt down due to this.

Millstones which ground the corn were made from hard and course gritstone cut from one piece of round stone. The top stone which was powered from gearing driven from the sails revolved over the static bottom stone. The stones had grooves cut into them and these required regular dressing as the stones wore down during the grinding process and the grooves had to be deepened. To carry out this work the top stone was raised on edge by pulleys. Some mills had up to four sets of grinding stones in order that milling could carry on while one was being dressed. The hopper that held the grain had a shoot at the base to allow the corn to be deposited into the centre of these stones allowing the flour to exit via the grooves. It had to be of the correct consistency and sometime an apprentice was left to insure that happened.

The best way of seeing how a windmill worked would be to visit one as the structure and gearings would be more easily appreciated. The nearest one to Otley that is opened to visitors is at Saxted Green near Framlingham, times of opening can be obtained on their web site (click link to be taken to English Heritage website for Saxted Mill Opening Hours).

An American in Otley: A Gardener's Lament

Oh, how I savoured the Suffolk cottage gardens tended lovingly by their owners, weeded, and coaxed into blooming throughout the summer. Nourished by the rich soils and watered by frequent rains, your gardens are splendid. I think it was

almost impossible for anyone with a modest green thumb to fail in such surroundings, but I admit that I had a job learning what would grow and what wouldn't during my first year in Otley.



Now, speed forward 40 years and imagine me trying to have gardens during an extreme drought which climatologists have identified as part of a new megadrought blanketing the southwest. The last 22 years have been the driest on record since 800 A.D. In my article last autumn, I tried to explain the ongoing water problems that Utah is experiencing. This year, our water district has advised us that their 7 reservoirs are only 35% full and we must reduce outdoor water use by 60%. The Governor has declared a State of Emergency. As a result, water users



are asked/required to use irrigation systems once each week and for no more than about half an hour unless homeowners have efficient drip lines. We are also asked to reduce our indoor water use by 10%.

We completed our "rockery" with paved path, patio, river rocks, chipped rocks, three boulders, and mulched garden areas. It covers about 40% of our front lawn. We have another 10% mulched and planted with shrubs and trees. That leaves 50% of our lawn in grass. It will brown out with only watering once per week, but this is better than last year when we watered three times per week and still had a

brown lawn. Despite the drought, the grass greened up this spring with the rains and will do so again next year we hope.

Because I have always gardened in areas with adequate water, I had to research characteristics of drought tolerant plants. There are some universal traits. Water wise plants have pores (stomata) that are small and that open early in the morning or later at night when temperatures are at their lowest. There is less water loss. Many have hairy leaves that reflect sunlight, keeping the plants' temperatures lower. Those leaves are often small allowing for less moisture loss and are rarely



bright green. The deeper colours absorb sunlight (hence heat). Instead, leaves are often grey or greenish grey. The roots of drought tolerant plants are extensive and deep, ready to go some distance to search for water.

In the driest areas, I have chosen unusual, drought tolerant, "water wise" plants which may survive. Some of them will be familiar to you and many not. For instance, in the driest areas I have planted Flax and Texas mint. It is a southwestern variety which provides orange and pink spikey flowers that are appealing to hummingbirds and butterflies. Also, I planted Penstemon, a rocky mountain wildflower than grows on dry slopes. I found a small grey-leaved ground cover called Partridge Feathers. And, of course, the birds have sowed hardy desert sunflowers.

In the mulched growing areas with drip lines, I have chosen Desert Purple Sage, western evening primroses, Russian Sage, Lavender and on several different varieties of Cone Flowers (Echinacea). These will provide colour and still withstand the predicted high heat and drought of this summer. I also planted Buddleia and Blue Beard shrubs. Most of these selections are appealing to hummingbirds and butterflies. Later, I will plant varieties of milkweed that are specifically needed by Monarch Butterflies. It is feared that those orange and black beauties may go extinct by the end of the century because habitat loss and pesticides have destroyed our native milkweed.

Having given much thought to the plant selections and tried to suit them to our climate, I forgot to factor in the neighbourhood wildlife. We live on the interface zone



between forest and suburbia. On occasions foxes, raccoons, squirrels, quail, and

wood rats wander through the yard and down into the woods. Most evenings several large mule deer show up too. These are pony sized deer (not your dainty roe deer) and they are hungry in the early spring and summer. These deer are infamous for being able to strip a bed of tulips or all the tender shoots of asparagus. They eat pine needles, small tree branches, shrubs, and domestic crops. In the new rockery, they nibbled off the lower twigs, leaves, and flowers on the crab-apple trees as well as the geraniums I planted in a pot. The rest of the new plants did not



suit their eclectic taste buds, but I had to get deer repellent for the trees and replant the geraniums with protection.

I have attached a photo of our rockery. I laughingly say that it is a combination of Oz's Yellow Brick Road and an array of Standing Stones. If the scheme works, we should save at least 50% of the water we used to use and still have some colour and order in the front lawn. We won't worry about the back garden area although I will attempt to keep an old Cherry tree alive by watering the

roots slowly with a hose. It suffered badly last year, and I hope it makes it.

The drip lines newly laid in last autumn, that will water the ornamental crab-apple trees. Black plastic underlays the rocks and keeps the moisture in and weeds out. It is permeable.

Looking north once the drip lines were covered and the crab-apples are in bloom. The dark strip



is a mulched growing area. The large trees at the back are Chinese Elms.

Mary Miner, susiespinner36@msn.com



SMILE LINES

Techie trouble

The vicar had technical problems with the sound system one Sunday. Instead of starting the service as usual with 'The Lord be with you', he said: "There's something wrong with the microphone."

Not hearing this, the congregation responded: "And also with you."



Maths lesson

The only place where you can buy 64 watermelons without anyone wondering why.

Notices outside a church:

Worn out? Come in for a Service! This church is not just four weddings and a funeral.

Weight

Signing the register at a wedding, the groom had difficulty in making his ballpoint pen work. "Put your weight on it," said the vicar. So the groom complied: 'John Smith (12 stone, four pounds)'

Don't fool me

A three-year-old put his shoes on by himself. His mother noticed the left was on the right foot. She said, "Sam, your shoes are on the wrong feet."



He looked up at her and said, "Don't kid me, Mum, I KNOW they're my feet."

Stairs

As you get older, you've got to stay positive. For example, the other day I fell down the stairs. Instead of getting upset, I just thought, "Wow, that's the fastest I've moved in years."

Raise needed



I told my boss that three companies were after me and therefore I wanted a raise from him. My boss asked what companies wanted me. "Gas, water and electricity."

CHILDREN'S CORNER

Spot the Difference

The two crowns below look identical but there are 15 differences. Try to find them all











A door.



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Eastern Landscapes & Fencing

Gavin Rushworth (our director) has been in the landscaping business for 30 years. As a company we cover the whole of the UK, working nationwide. We are currently looking into expanding our client base further into our home area of Suffolk and East Anglia. We do a full range of works, from private customers, to county councils. Our works include;

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