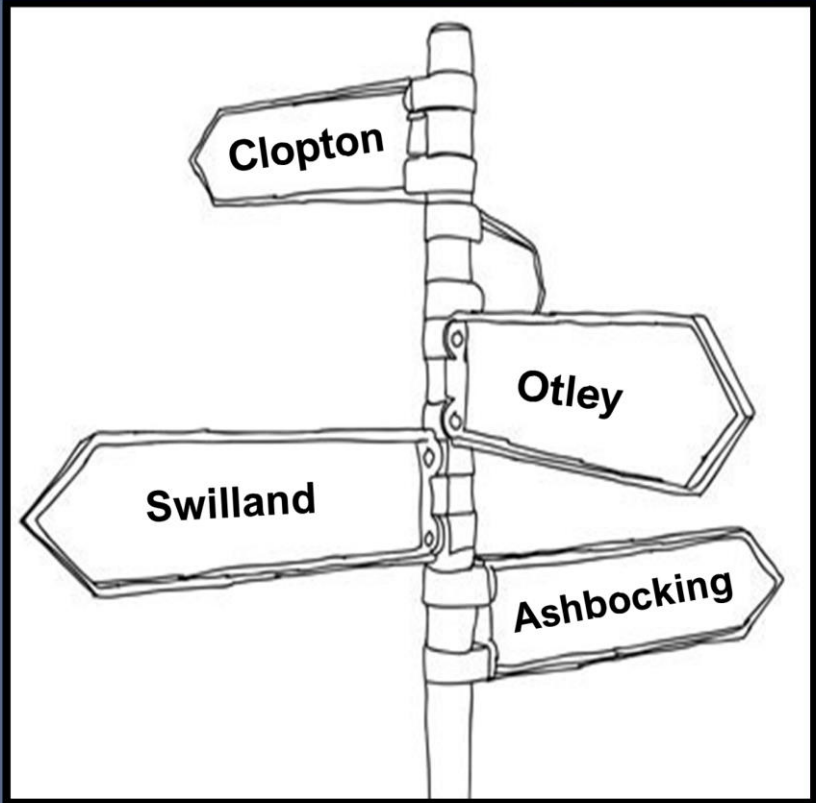


The Signpost



News from the Parishes

A Word from The Editor.....

Welcome to the **August Signpost**. I hope you have been able to enjoy the beautiful sunshine we have had with the exception of a couple of extremely hot days which were uncomfortable for many. It has been a big worry for farmers with the tinder dry conditions. For those that have a lot of acreage, it is impossible to be combining, baling and carting all at the same time, so either you leave straw and bales on fields or standing crops - either option is a big risk when there are people that find it thrilling to ignite someone's livelihoods putting lives, homes and animals at risk. A bit of rain will not only help to dampen down conditions but also to ripen the wheats – but there is very little significant rain forecast. We are still very early to be cutting wheat on heavier soil.

August is a month of adaption for so many, the farmers' fields get cut and ready for next year's harvest, children leave nursery's & pre-schools, primary schools & high schools, colleges and universities to move one step closer to leading their adult lives, many people have holidays booked and so look forward to a change in routine and culture. All of these events help to enrich our lives and prepare for the next year whether that be a farming year, an academic year, a new job or to look forward to the next year's holiday. Embrace the change in pace for the short time that it lasts and look forward to new adventures. Happy holidays both to those home and away.

I would like to wish everyone awaiting exam results good luck and may they stand you in good stead for your future. If anyone would like to celebrate their families' achievements, please do email them to me so that we can all applaud their successes.

If you would like to see anything else within the magazine, whatever it may be, I would gratefully receive it for inclusion in upcoming editions. If you would like any family or friends' birthdays, exam results or anniversaries celebrated, then please do let me know and I will include in next month's magazine.

The next magazine will be the September issue with a deadline **of 24th August 2022.**

To register to receive The Signpost via email, each month,
please email Amy bakergirl174@gmail.com

News of the Carlford Churches and details of online Worship can be found on the website carlfordchurches.org and within the Mini Grapevine. If you would like to receive the Mini-Grapevine weekly via email, please register via the website carlfordchurches.org or with Mark Cresswell – mark@carlfordchurches.org. There are links on the Carlford Churches website to the Facebook page, Mini-Grapevine and The Signpost. The Carlford Churches Facebook page can be accessed directly <http://facebook.com/carlfordchurches>. Should you wish to speak with Rev'd Katrina Dykes or a member of the benefice team please telephone 01473 735183.

Keep safe and take care till next month...

With best wishes, Amy

A Blessing Comes



It's good to get away from noise
From chaos and from din,
To seek in solitude and peace
The beauty that's within

To go into a quiet place
Where all is fresh and green,
And contemplate in silent calm
Great truths and things unseen.

The mysteries of the universe
The wisdom of the sage,
Or take some old and lovely thought
From a bygone age,

And meditate upon the good
The honest and the true,
This calms the mind and you will find
A blessing comes to you.

By *Kathleen Gillum*

“You can give without loving, but you cannot love without giving.”

– Anon

Rainfall June

June began by being unsettled but by the middle of the month it turned warm and sunny culminating on the 17th with a temperature of 38.8 C. The following day it dropped to 16 C with some light drizzle and this was followed by a severe thunderstorm with .55 inches of rain. The remainder of the month was warm with sunny spells and very little rain. Rainfall for June was 1.20 inches and for the first half of the year the total was 7.95 inches which is low but it has occurred before.

Russell Ling

August Weather Sayings.....

If two full moons then sure to be wet

A cold August after a warm July is said to signify the approach of a hard dry winter

If sunshine and fine, good autumn and much wine on St Lawrence day (10th)

Roughly from mid-July to the end of August, or corn harvest time. Sirius is the brightest star in the heavens, and is one of those in the southern constellation Canis Major

Thunderstorms after the 24th are generally violent

A proven fact – A fog in August also indicates a severe winter and plenty of snow

4th August - Sithney - The Saint Who Preferred Mad Dogs to Women



You know how some men find women's interest in romance and clothes hard to cope with? Well, Sithney (or Sezni) should be the patron saint of all such men.

According to a Breton folk legend, Sithney was a hermit of long ago, minding his own business, when one day God told him that he was going to make him

the patron saint of girls. Sithney was horrified. He foresaw a future where thousands of young women were forever plaguing him to find them good husbands and fine clothes... the thought of it appalled him. So Sithney begged God for some other job, something more peaceful, than dealing with young women. "Very well," said God. "You can look after mad dogs, instead."



Sithney replied cheerfully: "I'd rather have mad dogs than women, any day." And so, it was. Since that time, young women have pestered other saints to bring them husbands and fine clothes, while sick and mad dogs have been taken to drink water from the well of St Sezni, patron of Sithney, near Helston in Cornwall.

The Builders Move in on Church House

Have you started any home improvements this summer? So has the Church of England. It has launched a complete renovation of Church House Westminster and won't finish until sometime next year.

Church House will upgrade its 22,000 square feet of office space, create hybrid working arrangements, and offer new opportunities to increase income from outside tenancies. It will also improve the building's carbon footprint. It also plans to create a new entrance at the north door, to let in more light. The ceremonial entrance on Dean's Yard will not be touched.

Church House dates from 1940 and is adjacent to Westminster Abbey. It houses the C of E's central administration, including the Church Commissioners, the Archbishop's Council, and the Pensions Board. It also offers space for conferences and a home to offices of the diocese in Europe and Church House Bookshop.



*"Every morning I open the window for my King's grace,
and every evening I sleep upon the pillow of his love and
care."
Celtic Saint*

DID YOU KNOW.....

- August is National Hair Loss Awareness Month in USA.
- August was the 18th most common name given to a baby boy in Denmark.
- The month of August was named after Roman emperor Augustus Caesar. In Latin, Augustus meant auspicious or venerable. The Anglo-saxons called August “weod monath” (weed month).
- **1st** is celebrated as Lammas Day, Yorkshire Day and World Scout Scarf Day.
- **1st** 1944 - Anne Frank penned her last entry into her diary. "[I] keep on trying to find a way of becoming what I would like to be, and what I could be, if...there weren't any other people living in the world." Three days later, Anne and her family were arrested and sent to Nazi concentration camps. Anne died at Bergen-Belsen concentration camp on March 15, 1945, at age 15.
- **2nd** 1990 The Iraqi army invaded Kuwait amid claims that Kuwait threatened Iraq's economic existence – overproducing oil and driving prices down on the world market.
- **3rd** 1492 Christopher Columbus set sail from Palos, Spain with three ships, Nina, Pinta and Santa Maria. Seeking a westerly route to the Far East, he instead landed on October 12th in the Bahamas thinking it was an outlying Japanese island.
- **3rd** 1926 Britain's first set of electric traffic lights appear on the streets of London.
- **4th** 1901 Louis Armstrong was born in New Orleans, Louisiana.
- **6th** 1762 The sandwich, as we know it, was created when the Earl of Sandwich requested meat between two pieces of bread.
- **6th** 1945 The first atomic bomb was dropped over the centre of Hiroshima at 8.15am by American B-29 bomber Enola Gay. An estimated 205,000 people killed.
- **9th** 1874 Herbert Hoover the 31st U.S. President was born in the West Branch, Iowa.
- **13th** 1961 The Berlin Wall came into existence after the East German government closed the border between east and west sectors of Berlin.
- **13th** 1899 British film director Alfred Hitchcock was born in London.
- **16th** 1896 Gold was discovered in Rabbit Creek, Alaska resulting in the Great Klondike Gold Rush.
- **16th** 1977 Rock music lost a living legend when Elvis Presley left the world behind. The King of Rock's health had been going downhill for some time.
- **22nd** 1862 French composer Claude Debussy born in St. Germain-en-Laye, France.
- **24th** 79 A.D. Vesuvius, an active volcano in southern Italy, erupted and destroyed the cities of Pompeii, Stabiae and Herculaneum.
- **27th** 1910 Mother Teresa was born in Skopje, Yugoslavia.
- **28th** 1963 The March at Washington occurred which over 250,000 people attended and Dr Martin Luther King, Jr made his famous “I Have a Dream” speech.
- **29th** 1792 In one of the worst maritime disasters, 900 men drowned on the British battleship Royal George.
- **31st** 1997 Britain's Princess Diana died at age 36 from massive internal injuries suffered in a high-speed car crash, Paris.

Jolly Rogers at Harvest



Now, many of you will be thinking of a Jolly Roger as the traditional English name for the flag flown to identify a pirate ship about to or in the midst of an attack, during the early 18th century. For us farming folk, you will have heard of these and the pain they present during harvest time. They always seem to appear once hay has been turned and rowed ready for baling and when arable crops have been cut and straw is waiting to be baled.

So, what are they? And why do they happen??

Jolly Rogers, Dust Devils or Whirlwinds

A Jolly Roger (one of its many names) is a whirlwind of air into which dust and debris (or hay see below) gets caught up, making it visible. They need dry, often sunny conditions, with strong heating of the land and light-ish surface winds. Usually, but not always, a summer phenomenon here in the UK. They are not



formed in the same way as tornadoes as it hasn't been formed from a thunderstorm, they are just intense thermals of hot air rising. Rotation of the air along the ground gets kicked off by an uneven surface or increase of winds with height and the spiral tilts to an upright column.

They are a strong, well-formed, and relatively short-lived whirlwind, ranging from small (half a metre wide and a few metres tall) to large (more than 10 m wide and more than 1 km tall). The primary vertical motion is upward. They are usually harmless but can on rare occasions grow large enough to pose a threat to both people and property.

Formation

The whirlwinds form when a pocket of hot air near the surface rises quickly through cooler air above it, forming an updraft. If conditions are just right, the updraft may begin to rotate. As the air rapidly rises, the column of hot air is stretched vertically, thereby moving mass closer to the axis of rotation, which

causes intensification of the spinning effect by conservation of angular momentum. The secondary flow in the whirlwind causes other hot air to speed horizontally inward to the bottom of the newly forming vortex. As more hot air rushes in toward the developing vortex to replace the air that is rising, the spinning effect becomes further intensified and self-sustaining. When fully formed, it is a funnel-like chimney through which hot air moves, both upwards and in a circle. As the hot air rises, it cools, loses its buoyancy and eventually ceases to rise. As it rises, it displaces air which descends outside the core of the vortex. This cool air returning acts as a balance against the spinning hot-air outer wall and keeps the system stable.



The spinning effect, along with surface friction, usually will produce a forward momentum. The whirlwind may be sustained if it moves over nearby sources of hot surface air. As available hot air near the surface is channelled up the whirlwind, eventually surrounding cooler air will be sucked in. Once this occurs, the effect is dramatic, and it can dissipate in seconds. Usually this occurs when it is moving slowly (depletion) or begins to enter a terrain where the surface temperatures are cooler.

Certain conditions increase the likelihood of formation:

Flat barren terrain, desert or tarmac: Flat conditions increase the likelihood of the hot-air "fuel" being a near constant. Dusty or sandy conditions will cause particles to become caught up in the vortex, making the whirlwind easily visible, but are not necessary for the formation of the vortex.

Clear skies or lightly cloudy conditions: The surface needs to absorb significant amounts of solar energy to heat the air near the surface and create ideal conditions.

Light or no wind and cool atmospheric temperature: The underlying factor for sustainability of a whirlwind is the extreme difference in temperature between the near-surface air and the atmosphere. Windy conditions will destabilise the spinning effect.

Intensity and duration

On Earth, many whirlwinds are usually small and weak, often less than 3 feet (0.9 m) in diameter with maximum winds averaging about 45 miles per hour

(70 km/h), and they often dissipate less than a minute after forming. On rare occasions, the whirlwind can grow very large and intense, sometimes reaching a diameter of up to 300 feet (90 m) with winds in excess of 60 mph (100 km/h+) and can last for upwards of 20 minutes before dissipating. Because of their small diameter, Coriolis force (*an inertial or fictitious force*) is not significant in the whirlwind itself so, while less common, whirlwinds with anticyclonic rotation do occur.

Hazards

1:16 whirlwinds typically do not cause injuries, but rare, severe whirlwinds have caused damage and even deaths in the past. One such whirlwind struck the Coconino County Fairgrounds in Flagstaff, Arizona, on September 14, 2000, causing extensive damage to several temporary tents, stands and booths, as well as some permanent fairgrounds structures. Several injuries were reported, but there were no fatalities. Based on the degree of damage left behind, it is estimated that the whirlwind produced winds as high as 75 mph (120 km/h), which is equivalent to an EF0 tornado. On May 19, 2003, a whirlwind lifted the roof off a two-story building in Lebanon, Maine, causing it to collapse and kill a man inside. On June 18, 2008, a woman was killed when a whirlwind flipped a small scorer's shed next to a team dugout at a youth ball field complex flipped on top of her near Casper, Wyoming. She had been trying to shelter from it by going behind the shed. In East El Paso, Texas in 2010, three children in an inflatable bouncy castle were picked up by a whirlwind and lifted over 10 feet (3 m), travelling over a fence and landing in a garden three houses away. In Commerce City, Colorado in 2018, a powerful whirlwind hurtled two porta-loos into the air. No one was injured in the incident. In 2019, a large whirlwind in Yucheng county, Henan province, China killed 2 children, injured 18 children and 2 adults when a bouncy castle was lifted into the air.

Whirlwinds have been implicated in around 100 aircraft accidents. While many incidents have been simple taxiing problems, a few have had fatal consequences. They are also considered major hazards among skydivers and paragliding pilots as they can cause a parachute or a paraglider to collapse with little to no warning, at altitudes considered too low to cut away, and contribute to the serious injury or death of parachutists. This was the case on June 1, 1996, when a whirlwind caused a skydiver's parachute to



collapse about 30 feet (9.1 m) above the ground. He later died from the injuries he sustained.

Electrical activities

Whirlwinds, even small ones (on Earth), can produce radio noise and electrical fields greater than 10,000 volts per meter. A whirlwind picks up small dirt and dust particles. As the particles whirl around, they become electrically charged through contact or frictional charging (triboelectrification). The whirling charged particles also create a magnetic field that fluctuates between 3 and 30 times each second.

These electric fields may assist the vortices in lifting material off the ground and into the atmosphere. Field experiments indicate that a whirlwind can lift 1 gram of dust per second from each square metre (10 lb/s from each acre) of ground over which it passes. A large whirlwind measuring about 100 metres (330 ft) across at its base can lift about 15 metric tonnes (17 short tons) of dust into the air in 30 minutes. Giant dust storms that sweep across the world's deserts contribute 8% of the mineral dust in the atmosphere each year during the handful of storms that occur. In comparison, the significantly smaller whirlwinds that twist across the deserts during the summer lift about three times as much dust, thus having a greater combined impact on the dust content of the atmosphere. When this occurs, they are often called sand pillars.

Serpent Dust Devil (whirlwind) of Mars (MRO)

Dust devils also occur on Mars and were first photographed by the Viking orbiters in the 1970s. In 1997, the Mars Pathfinder lander detected a dust devil passing over it. In the first image below, photographed by the Mars Global Surveyor, the long dark streak is formed by a moving swirling column of Martian atmosphere.



The dust devil itself (the black spot) is climbing the crater wall. The streaks on the right are sand dunes on the crater floor.



Martian dust devils can be up to fifty times as wide and ten times as high as terrestrial dust devils, and large ones may pose a threat to terrestrial technology sent to Mars. On 7 November 2016, five such dust devils ranging in heights of 0.5 to 1.9 km were imaged in a single observation by the Mars Orbiter Mission in the Martian southern hemisphere.

Mission members monitoring the Spirit rover on Mars reported on March 12, 2005, that a lucky encounter with a dust devil had cleaned the solar panels of that robot. Power levels dramatically increased and daily science work was anticipated to be expanded. A similar phenomenon (solar panels mysteriously cleaned of accumulated dust) had previously been observed with the Opportunity rover, and dust devils had also been suspected as the cause. The electrical activity associated with dust devils is widely thought to generate lightning on Mars, but this has not yet been conclusively detected.

Animation compiled from photographs acquired by the *Spirit* rover. The counter in the bottom-left corner indicates time in seconds after the first photo was taken in the sequence. At the final frames, a trail is visible on the Martian surface. Three other dust devils also appear in the background.



Animation compiled from photographs acquired by the *Curiosity* rover (August 9, 2020)





Animation compiled from photographs acquired by the *Perseverance* rover (June 18, 2021)



Dust devils swirling in Jezero crater viewed by the *Perseverance* rover (July 20, 2021)

Alternate names

In America, they are known as Dust Devils. In Australia, a Whirlwind is also known as "Willy-willy". In Ireland, they are known as "Shee-gaoithe" or "Fairy wind"



Related phenomena

Snow whirlwind, similar to a dust devil, seen on Mount Royal in Montreal, Canada (see left)

Coal devil in Mongolia (see right) - Coal devils are common at the coal town of Tsagaan Khad in South Gobi Province, Mongolia. They occur when dust devils pick up large amounts of stockpiled coal.



Their dark colour makes them resemble some tornadoes.

An ash devil - The fire was in the Schell Creek and Antelope Mountain ranges
Fire whirls or swirls, sometimes called fire devils or fire tornadoes, can be seen



during intense fires in combustible building structures or, more commonly, in forest or bush fires. A fire whirl is a vortex-shaped formation of burning gases being released from the combustible material. The genesis of the vortex is probably similar to that of a dust devil. As distinct from the dust devil, it is improbable that the height reached by the fire gas

vortex is greater than the visible height of the vertical flames because of turbulence in the surrounding gases that inhibit creation of a stable boundary layer between the rotating/rising gases relative to the surrounding gases.

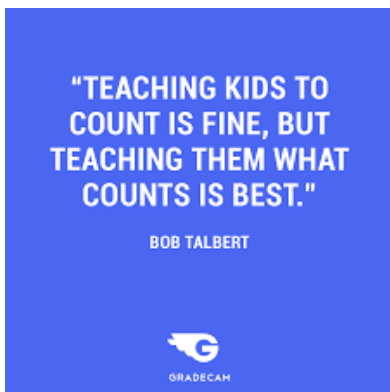
Hot cinders underneath freshly deposited ash in recently burned areas may sometimes generate numerous whirlwinds. The lighter weight and the darker colour of the ash may create dust devils that are visible hundreds of feet into the air.

Ash devils form similar to dust devils and are often seen on unstable days in burn scar areas of recent fires.

“Everyone needs to be valued.

Everyone has the potential to give something back”

Princess Diana



DEC Ukraine Humanitarian Appeal

In this month of holidays and summer travel, it is awful to think that the crisis in Ukraine simply goes on. More than 13 million people have fled their homes. Millions of families have been separated, people have been injured and killed, and their homes blown up. Critical infrastructure such as health facilities, water supplies and schools have been damaged or destroyed.

The UN estimates over five million people have now fled Ukraine. The refugees have fled to Poland, Romania, Hungary and Moldova, often arriving with only what they could carry.

Another eight million people are displaced within the country. Many older people, and those with disabilities, have no option but to remain in their homes. They are now isolated, unable to access food and basic necessities.

In such a crisis, the DEC charities in Ukraine and neighbouring countries are working hard to meet the needs of people affected by the conflict.

They say:

£30 could provide essential hygiene supplies for three people for one month

£50 could provide blankets for four families

£100 could provide emergency food for two families for one month

If you can help, please go to: www.dec.org.uk

Courgette Boats

- 2 medium courgettes (about 8 inches)
- $\frac{3}{4}$ pound ground beef
- 1 small onion, chopped
- $\frac{1}{2}$ cup chopped fresh mushrooms
- $\frac{1}{2}$ cup chopped sweet red pepper
- $\frac{1}{2}$ cup chopped green pepper
- 1 cup grated cheddar cheese, divided
- 2 tablespoons ketchup
- Salt and pepper to taste



Method: Trim the ends off the courgettes. Cut the courgettes in half lengthwise; scoop out pulp, leaving 1/2-in. shells. Finely chop pulp.

In a skillet, cook beef, courgette pulp, onion, mushrooms and peppers over medium heat until meat is no longer pink; drain. Remove from the heat. Add 1/2 cup cheese, ketchup, salt and pepper; mix well. Spoon into the courgette shells. Place in a greased 13x9-in. baking dish. Sprinkle with remaining cheese.

Bake, uncovered, at 350° until courgettes are tender, 25-30 minutes.

Nutrition Facts: 1 stuffed courgette half: 312 calories, 20g fat (9g saturated fat), 81mg cholesterol, 337mg sodium, 10g carbohydrate (6g sugars, 2g fibre), 24g protein.

News Stories from The Stranger Side Of Life

- Scammers set up an elaborate fake Indian Premier League tournament and used farm labourers to pose as cricketers in order to dupe Russian gamblers, said police in Mehsana, India. The conmen received thousands of pounds from the unwitting Russian punters who believed they were watching real matches streamed online. A local man who could perform a convincing impersonation of commentator Harsha Bhogle was brought in to add authenticity to the footage.
- Rats are ‘victims of prejudice’, says Paris councillor. Rats are victims of human prejudice and should be renamed to remove the stigma that afflicts them, according to a councillor in Paris. Douchka Markovic, who is responsible for animal welfare and pest control, said the rodents “play an important role in the sewers by evacuating hundreds of tonnes of waste and unblocking the pipes”. Markovic has faced opposition for her views, as rodents are “running riot” in the French capital.
- Man becomes Italy’s oldest graduate - A 98-year-old man has become Italy’s oldest graduate for the second time. Giuseppe Paterno has added a master’s in history and philosophy from the University of Palermo to a previous degree in the same subjects which he earned there two years ago. Paterno’s family announced on Facebook that he had passed the latest degree with top marks. Born in 1923, Paterno wasn’t able to go to university as a young man because he served in the navy during World War Two from the age of 20, said Reuters.



- Man, protests outside wrong hotel - A man who drunkenly protested in front of a hotel because staff wouldn't let him access his room was moved on by police – because he had the wrong building. Officers were called to deal with an intoxicated man lying in protest on the pavement outside of the Premier Inn in Bournemouth. “He laid on the floor in protest,” said the force. “Officers returned him to the hotel he had a booking for over the road.”

- Contraceptives used to control grey squirrels - Scientists are now using oral contraceptives to control grey squirrel populations in the UK, the BBC reported. Grey squirrels, which are accused by the government of “untold damage” to woodland ecosystems and native red squirrel populations, are lured into feeding boxes only they can access, using pots containing hazelnut spread, which are spiked with contraceptives. Grey squirrels have driven the UK's native red squirrel to the verge of extinction across much of the country.



- Asparagus prediction turns out to be wrong - A fortune teller who uses asparagus to predict the future has suffered a knock to her credibility after the man she said would be the UK's next prime minister ruled himself out of the Tory leadership race. It was reported that Jemima Packington, known as “Mystic Veg”, said Ben Wallace would be the next PM. However, since her prediction Wallace has said “after careful consideration and discussing with colleagues and family, I have taken the decision not to enter the contest for leadership of the Conservative party”.



- Building blocks of life found in Milky Way - The likelihood of life on other planets has been raised after the building blocks of life were found floating near the centre of the Milky Way. Experts have discovered that organic molecules, known as nitriles, are common in interstellar clouds, boosting the theory that similar life-sparking particles “hitchhiked a ride to Earth,” said The Telegraph. The scientists said their findings raised the prospect of life evolving “in other places in the galaxy under favourable Earth-like planetary environments”.

“What we see in others often reveals something about us.”

- Anon



Otley and District Gardening Club

Hello there readers,

What a great period of weather we've been having just recently. But what a lot of watering we've been having to do in the garden, greenhouse, and poly tunnel. The plants have been suffering but have also been quite productive. Lettuces have been plentiful, as well as cucumbers, spring onions, courgettes, Runner and French beans. It then begs the question, "What are we going to cook with them?" So, we've been calling on my dad's Greek heritage for inspiration. Stuffed courgettes or oven baked green beans with a rich tomato and garlic sauce are my favourites. Recipes that have been handed down through the generations, that are simple and so tasty that you can't help but ask for seconds.



We had an amazing trip to the Urban Jungle at Beccles and The Old Vicarage at East Ruston. The Urban Jungle was out of this world with plants I've never seen before and some cultivars of familiar plants that were equally new to me. They have large, planted beds with plants they sell in the nursery. A great way to understand how they grow long term and give you some thoughts of how to plant them in your own garden. My mum bought only 3 plants whilst we were there. I think if we'd had any longer there, we'd have come home with half the nursery. If you get the chance to go there, please do!! I thoroughly recommend them. They even have a café that's planted with their indoor specimens, which really gives you the jungle vibe.

East Ruston was just as beautiful! A very cleverly planted and arranged garden that goes on forever. They have a much more traditional feel but with some very unusual tropical plants intermingled with it. Such an inspiring place. Their water features were outstandingly huge and absolutely stunning. They've split their plot into segments which act as rooms within the garden, all surrounding the old vicarage building. So, you end up turning corners into parts you'd not expect. I was very pleased to see that their garden wasn't perfect though. There were some weeds!! This is another place I would recommend highly. Truly inspiring.





We don't have any meeting until 5th September, but we are having a Willow Weaving Workshop with Deb Hart on Sunday 14th August at our house in Ashbocking. We still have some places left on the course, so if you'd like to come along and learn how to weave a garden obelisk and something else yet to be decided, please get in touch with me ASAP. The days cost includes the materials and tuition and is £70.00. We will also be doing a "bring a dish and share" type lunch so please let me know what tasty dish you'd like to bring. Please get in touch with me on 07880 627984 or email me at phil@florabundant.co.uk

I hope you all get the opportunity to enjoy this glorious weather and it doesn't rain on 14th August as we will be doing the willow weaving course outside!

*Phil Pollard, The Green Chairman,
Otley and District Gardening Club*

Brainteasers

1. Joseph and Lena are found dead on the floor with some water around them. The windows are open and a strong wind draft is blowing the curtains around. How did they die?
2. Which travels faster; Hot or Cold?
3. First, I threw away the outside and cooked the inside, then I ate the outside and threw away the inside, what did I eat?
4. What can you hold without ever touching, or using your hands?
5. The number 8,549,176,320 is a unique number. Can you tell me what is so special about it?



(Solutions on Page 28)

16th August - Laurence Loricatus - The Saint Who Couldn't Forgive Himself

Have you done something bad which haunts you? Does the memory of it still follow you through each day – and keep you awake at night? If so, then Laurence Loricatus (c. 1190 – 1243) is the saint for you. He was born at Facciolo (Apulia) and as a youth he killed a man.



After that, life changed forever for Laurence. His guilt overwhelmed him, and he decided to expiate for it. He made the long and difficult pilgrimage to Compostella but found no relief. So, he became a hermit at Subiaco – cutting himself off from all the comforts of normal life. But he found no relief. Laurence then began to wear not a hairshirt,

but a coat of chainmail next to his skin. It was a heavy, unyielding weight which bruised and rubbed his skin raw.

Laurence hated himself and would not forgive himself, though God had forgiven him years before. He is a caution to anyone in the same situation today. His continued 'penance' did no one any good. The suffering absorbed hours of his attention and got him nowhere.

When we do something, we regret, of course God wants us to repent of it. But then He wants us to put it behind us. Our bad deed needs to be quarantined and left behind in our lives. If we won't put it down, our life becomes focused on our hatred of ourselves, instead of on God's love for us. It took the Pope years to get Laurence to take off that chain-shirt.



"Due to our failure to secure a holiday-relief organist, the next hymn will also be sung to the tune, *Chopsticks*."

"One of the shortest wills ever written: 'Being of sound mind, I spent all the money.' — Arthur Bland"

NEWS FROM OUR CHURCHES

ASHBOCKING

We have reached that time of year again when the children have broken up from school and the holidays have begun. In the past it is usually the time when good weather breaks and the school holidays are a bit of a disaster! I really hope this year is different. When we visited Northumberland recently, we didn't have the hot weather that you had here but at least it was dry and there were periods of warm, if not breezy weather, and time to enjoy the magnificent beaches.



I hope you have all managed to survive the extraordinary heat of last week with no ill effects. I do fear that our gardens are suffering the very dry conditions; when one's conscience is battling with the dilemma of, to water or not to water! At least the washing is dry, even when it's forgotten and left out overnight!

I have been very aware of the combines out in the fields at all hours and have said many a prayer for their safety. Everything is so dry that the smallest of sparks from machinery can start a catastrophic fire, with loss of crops, equipment and even lives. Something I had not been so aware of until this year. So please say a little prayer for the farmers.

Ashbocking Church has been busy lately with a wedding and a baptism. Firstly, the wedding of Lara Pepper and Michael Gardener at the end of July, followed by the Baptism of two of Steve and Sarah Wilson's grandchildren, Harry and Millie, the following day.

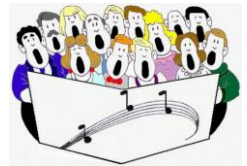
We wish Lara and Michael a long and happy marriage, and welcome Harry and Millie into the family of the church. We look forward to watching them grow. Millie is quite well known in the Knit and Stitch group and also at coffee mornings having attended with Granny. Harry is still a little small.



As I said before, it is holiday season, and the same goes for some of our clergy. Therefore, August is a little shorthanded. This means that both of Ashbocking's services will be Lay Led.

The first, which would have been our normal service is now a Lay led one which is a Songs of Praise. We have had these in the past and are usually very enjoyable. Songs of Praise is for all the family at the usual time of 11am on 14th August. You are all welcome and we will be serving tea and coffee afterwards. The next service at Ashbocking is the Scheduled Lay Led service on Sunday 28th August at 11am. Everyone is invited to join us for these services, and I look forward to welcoming you, with your best singing voices. Refreshments available afterwards.

Knit and Stitch is on Monday 8th August at 10am. New members always welcome. Come for a chat and coffee and time out to pursue whatever your chosen craft is. This will be as usual at Hawthorns, The Green.



Coffee Morning in August is on the 5th and is being hosted by Duncan and Yvette Bray who live at The Farmhouse, which is on The Green at the top of Ashley Grange. Thanks to them for opening up their home, so please join us to chat and share refreshments, hopefully we can choose some favourite hymns for the Songs of Praise.

I wish all those going on holidays a wonderful time with many happy memories. We pray for good weather and safe journeys.

Linda Pollard Tel: 07887 537152 for any further details

CLOPTON

We send our deepest sympathy to Paula Barham whose husband Arthur has recently died. Arthur was born at Newsons Farm in Clopton and lived there for most of his life. Arthur and his younger brother John continued to run the farm after their father died. As well as farming, the 'boys' as everyone knew them, used to do gardening work all around the local villages. One of their jobs was to

maintain Clopton churchyard and they did this for over fifty years, always making sure that it was kept looking neat and tidy. Each year they would provide a large Christmas tree for the church and in the summer, they would pick about thirty pounds of strawberries for the annual church strawberry tea.



Everyone who knew him will remember a hard working, kind hearted man who was a real 'Suffolk Boy" Arthurs funeral was on July 27th and he was buried in the churchyard that he loved alongside generations of his family.

Hobbies morning is on Wednesday 3rd August from 10am until noon in the village hall. Everyone is welcome to come and join us, we are a very friendly group.

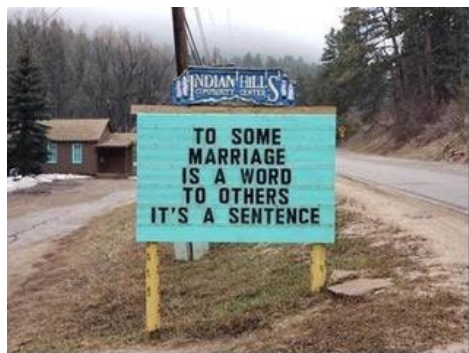
The Coffee Morning is on Wednesday 17th August at the village hall. Do try to come and join us for a coffee and biscuit and lots of friendly chat. It is amazing how a couple of hours with a friendly group of people can lift your spirits! The meeting is from 10am until noon.

The collection at the service on Sea Sunday, 24th July, has been sent to the RNLI. Thank you to all who donated.

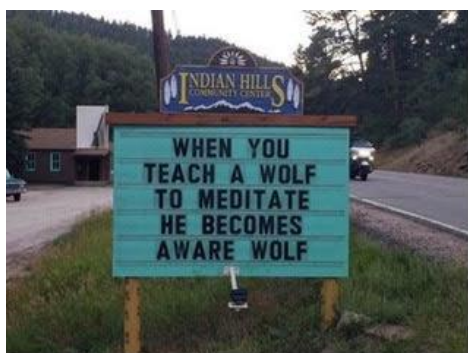
THANK
YOU

On a personal note, I would like to thank all the people who sent me cards and messages during my recent time of ill health. I am feeling much better but taking thing easy for a while.

Doris Main



22



OTLEY

As I write I am pleased to feel some cooler air coming through the window. I hope that the heatwave is gone for good for the moment. Unfortunately, it has left a parched garden behind. We are in need of a rain.

We started July with a communion service on the 3rd. Communion is now again offered in both kinds. However, it is up to the individuals whether they are comfortable with sharing the chalice or not. Katrina led the communion service and James gave the address. The focus of the service was on how we can all talk about, act out and share our faith.

The Diocese would like parishes to create a plan for growth and Katrina brought some leaflets entitled 'Creating a Plan for Growth' and bookmarks with a prayer for growth. She encouraged us all to make it a daily prayer. Both leaflets and bookmarks are left in church to look at or to take away.

For some time, we had been talking about a welcoming party for our new neighbours at St. Mary's Grange. They had moved in while Covid restrictions were still in place which made it impossible to meet properly. On Sunday 17th it finally happened thanks to James' perseverance. He took the invitations out and emailed PCC members and others about contributions to the party. There was a good response and Ruthie then coordinated the catering. A big thank you goes to both and to all the people who contributed by baking cakes and scones, serving tea and coffee, and helping with the setting up and clearing away. We had a wonderful spread of teatime treats. As it was a warm day the non-alcoholic fruit punch was very much appreciated as well. There were lively conversations and introductions between the newcomers and the seasoned Otley inhabitants. The party was also a good opportunity to meet our new Curate Gail and her family who have now moved to Witnesham. We hope they will be happy there and look forward to meeting them more in the future.



Our next meetings in the church will be the service on 7th of August at 9.30am and

our monthly coffee morning on 11th of August 10am – 12 noon. You are very welcome to both.

Advance notice about the ‘Suffolk Churches Ride and Stride’ which is held on September 10th. I will leave some sponsor forms in the church. It would be good to have a few riders or walkers from Otley. If you want to help with manning the church during the day, please let me know on 01473 890539. The church will be open for riders from 9am till 5pm.



WOULD YOU LIKE TO BE THE LOCAL RECORDER FOR: OTLEY



The Suffolk Local History Council runs a Recorders Scheme throughout Suffolk. We administer a network of volunteers to ensure that the ‘present’ is adequately recorded at local level for the ‘future’.

A recorder will note significant happenings in their parish and collect their local parish magazines, leaflets, election pamphlets and newspaper cuttings. At the end of each year, they are asked to submit a short report summarising the activities of their parish. The reports are deposited at the Suffolk Record Office and available to future researchers together with the collected items.

If you are interested, please look at the Recorders Pack by visiting www.slhc.org.uk to acquaint yourself with the guidelines of the scheme. You do not need to be a historian; you do not need any qualifications other than an interest in your parish. In return you will receive a copy of the SLHC Newsletter and be invited to the annual conference specifically for Local Recorders. To volunteer to help in this important work, please contact recorders@slhc.org.uk

SWILLAND



Congratulations to Lee Byam and Becki Spry on their recent wedding in Swilland Church. It was a beautiful day and the church looked lovely with flowers on the pew ends and an arch over the entrance of the porch. There was a lovely picture of Lee and Becki coming out of the church on the Carlford Churches Facebook page.

The next village coffee morning will be on Saturday 27th August. The venue will be on the A-board at the end of Church Lane and on the Swilland WhatsApp.

With all the hot dry weather, harvest has started earlier than I can remember. It has been a challenge to water our gardens.



Ann Kent

23rd August - Rose of Lima - Nothing Was Ever Enough



How will you become a better person than you are now? Have you ever denied yourself in order to try and please God? No matter what your dedication, it is unlikely that your efforts will ever have outshone those of Rose of Lima (1586 – 1617), who in 1671 became the first saint of America, and patron of South America. Her whole life raises the issue: how do you draw closer to God?

Rose was born in Lima, Peru, in 1586, into a Spanish family that had once been rich. Her beauty earned her the name, and her character was just as attractive. She was eager to please, produced exquisite lace and embroidery, and was known for her charity.

Her parents hoped for a good marriage for her, but it was not to be. Rose did not want a husband and a place in the corrupt and wanton society of Lima at the time. Rose was an intensely spiritual person, and spent hours in contemplation of Jesus and St Mary, and took the 'Blessed Sacrament' on a daily basis. She devoted herself to prayer and simple acts of mortification. In those days 'mortification' of the flesh was seen as a way of keeping your earthly appetites under control, and therefore drawing nearer to God.

At 20, Rose joined the Third order of St Dominic, taking as her model Catherine of Siena. Her love of God continued, as did her charity to others, but now a darker side to her spirituality began to grow. Rose lived as a recluse in a hut and increased her acts of mortification. She wanted to suffer because she thought it would bring her closer to God.



She cut off her hair and rubbed pepper and lye into her face until it was raw and blistered. She fasted until she could hardly stand. She drank gall mixed with bitter herbs. She filled her bed with broken glass, thorns and sharp things. She wore a tight iron chain around her waist.

She embraced every penance that she could think of, and yet still she suffered at times a feeling of terrible loneliness and desolation, for God seemed far away. Then she would pray: "Lord, increase my sufferings, and with them increase your love in my heart." Sometimes she would indeed feel God near her, and then she would be in ecstasy for hours.

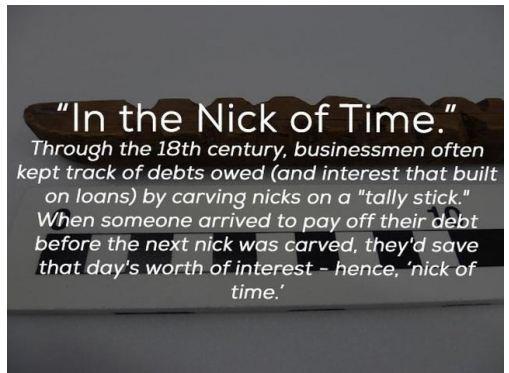
It is hard to explain why Rose thought she needed to inflict needless suffering on herself in order to get closer to God. One scholar has suggested that perhaps Rose wanted to "make reparation for the widespread sin and corruption" in her society

at the time. She had said once that she wanted to pay for the sin of the idolatry of her countrymen.

Again, this is hard to understand because the Bible never once says that any human being can 'make payment' to God for the sins of another person. We may grieve over the sins of others, but only Christ can offer them forgiveness. Only He has died for them.

In Uganda a number of years ago a nun asked a bishop for help. "I have done penance all my life. I have tried so hard to please God – but I still don't feel any joy. What am I doing wrong?" The Bishop said gently: "Because, dear sister, you are hoping to find joy in what you have done for God. I am joyful because I have discovered what Jesus has done for me."

Poor well-meaning but confused Rose: after a long illness which seems to have had some psychological as well as physical elements to it, she finally died, only 31 years old.



"The moments of happiness we enjoy take us by surprise. It is not that we seize them, but that they seize us."

Ashley Montagu

The Slide

As I watch
She climbs the steps steadily,
Holding the handrail,
Her two-year-old feet following each other
Rhythmically, unhesitatingly
To the platform at the top
Where she sits down
And freezes.
Holding tight to the sides,
Knees up, feet flat
She judders down a little way
Then looks up.
Her eyes meet my smile, my outstretched arms –
And she takes her hands off the edge of the slide,
Shooting forward with a squeal of delight,
Trusting the love she knows.

Lord, I have climbed so steadily,
I have come so far, in my own strength,
Holding on, holding back,
Sometimes freezing.
But I am Your child,
Today I will lift my eyes
And meet Your smile, Your outstretched arms,
I will lift my juddering feet –
And take my hands off the edge of the slide
Released to ride, by Your Spirit,
Into the freedom of Your will,
Trusting the Love I know.



Daphne Kitching

RUSSELL LING REPORTS

Crash of lightning Fighter plane in Otley

These are the recollections of Albert Taylor Balls regarding the crash of this plane which occurred on Friday the 7th of January 1966.

I was ploughing on a field at Hall Farm, Otley when an aircraft came into view approximately at an angle of 60% from the vertical and at 150 foot high. It then descended down to ground level some 500 yards away. It landed in a field at Grange Farm, Otley and then bounced over a hedge into a field belonging to Elm Farm in Helmingham. The two engines broke away from the body of the plane and rolled into a hedge but the plane continued on about 100 yards towards Helmingham road. The wing hit an oak tree which prevented any more forward motion.

Frederick Sparke who was also ploughing in the same field as myself owned the cottage which was on the other side of the road from where the plane came to rest. From our position it looked as if the plane was on fire due to smoke coming from its position. We decided to go and investigate as we had seen what looked like a parachute descending from the oak tree. It took us about ten minutes to reach the crash site where we discovered the body of the pilot who had ejected into the oak tree.

Mr and Mrs Mayhew from Elm Farm was there comforting Mrs Emma Sparkes who lived in Oak Tree Cottage, Helmingham opposite the crash and was with the body of the pilot, 24-year-old Derek Law. Derek had flown one of the 16 Lightning's that flew over the Churchill's State Funeral on the 30th January 1965. Looking round the aircraft we noticed that there was fuel in the fuselage and a tube with a three-inch flame coming out of it. This we

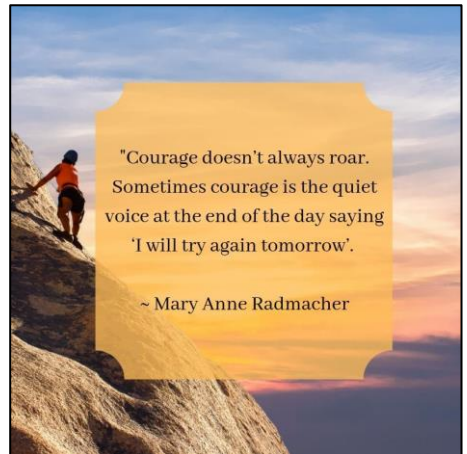
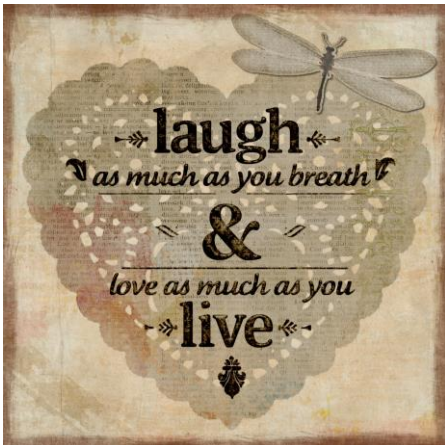


were able to extinguish with some water we also heard a high-pitched shrieking sound coming from the cockpit. Within a minute an aircraft appeared overhead followed by another one from the opposite direction. The reason the pilot died was due to a malfunction of the ejector seat. As there was nothing else that we could do we went back to our ploughing.

At the enquiry that took place following the pilot's death it appeared that he had been ordered to eject from the aircraft due to a flame out from one of the engines which caused it to lose power. The pilot who was from Rhodesia and was based at Wattisham operated the ejector mechanism which failed to go off until the wing of the aircraft hit the oak tree ejecting him up into the branches killing him immediately. The plane was pulled back into the field by men from Wattisham and Bentwaters air base and a team of engineers spent about a month examining the aircraft to find out what caused the malfunction. It was discovered that a bolt in the ejector mechanism had not been replaced.

Solutions to the Brainteasers on Page 18

1. Joseph and Lena were goldfish. The wind toppled their bowl over, hence killing them.
2. Hot is faster because you can catch a cold.
3. Corn on the cob.
4. Your breath.
5. This is the only number which includes all the digits arranged in alphabetical order.



An American In Otley: Hot Summers and Fireworks

I have been following reports of the abnormally hot weather you have experienced in July. I am so thankful the thermometer never soared to 40 C while we lived in the village. Temperatures that high are dangerous, especially to the uninitiated and unairconditioned. Hydration and fans are essential.



Utahns expect July to be a challenge – it is the hottest and driest month of the year. The average temperature is 92 F (33 C) and less than ½ inch of rain can be expected to fall. Vegetation in the back country is tinder dry and fire danger is rated as extreme throughout the state. So how do we celebrate the middle of summer? We head for the mountains, light campfires, and/or launch fireworks heavenward twice during the month. The first occasion commemorates our national Independence Day on the Fourth of July. The second opportunity comes on July 24th when the state marks Pioneer Day, a holiday unique to Utah. Towns hold children’s parades and rodeos, people drag wooden carts behind them, some don modest apparel reminiscent of Jane Austin, reenactors walk over long forgotten prairie trails, and families cook over campfires.

Pioneer Day remembers the day on which Brigham Young, the second “prophet, seer and revelator” of the Latter-Day Saints, and 146 others completed their 1031-mile trek to their Promised Land in the West. Standing, looking down on the Great Salt Lake, Young is reputed to have said “This is the place.” Thereafter some 60,000 to 70,000 LDS believers travelled to the State of Deseret, as their new home would be called.



I suspect many of my Utah neighbours revel in the traditions of Pioneer Day far more than Independence Day. This day recognizes the foundations, faith and sacrifice of a people set apart and sanctified by God. Misunderstood and sometimes persecuted by their neighbours, members of the LDS Church migrated across the Midwest from Ohio to Missouri and then Illinois. After the death of the founding Prophet Joseph Smith

at the hands of a mob in Nauvoo, Illinois, in 1844, Brigham Young and other leaders of the movement sought a place of refuge. When the arid lands of Utah were chosen, members began the long trek westward. Believers from the east coast and Europe were told to follow.

Travel to Utah was fraught with peril, and it is the rigors endured by the early Saints that are remembered by today's celebrants of Pioneer Day. From 1847 – 1855, about 16,000 men and women, many from England, Scotland, and Wales as well as some Scandinavians, travelled by ship to New York or Boston. Upon disembarkation they took trains to Omaha, Nebraska, and then joined wagon trains to make the 1,300-mile trip to Salt Lake City. Pulled by draft animals, the wagons rolled across the broad prairie stretching from Nebraska westward to Wyoming and then tackled the continental divide and the Rocky Mountains.

It was left to the pioneers who came later to make an even more arduous trip. These were the men, women, and children of the ten Pioneer Companies. The LDS authorities realized that the costs to travel to Utah from Europe were greater than the resources most of their converts possessed. Missionaries chartered ships from Liverpool to take members to east coast ports. There, the converts received rail tickets to Iowa. It was in Iowa that the real work began!

In 1856 and 1857, roughly 3,000 pioneers pulled handcarts over 1,300 miles to Salt Lake City. These oversized two-wheeled wooden wheelbarrows carried roughly 250 pounds (500 pounds if necessary). They could be pushed from behind and/or pulled from the front. Each cart carried the supplies, camping goods, and worldly possessions of the five people assigned to each handcart.

A pioneer could take 17 pounds of personal items – that was all. Everyone, except the youngest, took turns pushing and pulling the carts across the prairies and in the Rockies. The trip took 3 ½ to 4 months and normally began in mid-June after snow melt, with an estimated arrival time of October before first snow fall.



Imagine for a moment what your countrymen and women experienced! They left all that was familiar and probably much loved. They had sold their possessions, said goodbye to their extended families, and followed the words of a Prophet. I am sure that those they left in the U. K. may have thought them mad. Travel across the prairie and mountains was perilous. Poor sanitation, disease, unpredictable weather, and very occasional skirmishes with Native Americans upon whose land they were trespassing marked their passage.



In the years between 1847 and 1868, when wagons and handcarts carried 58,000 people to Utah, about 1,900 people died on the trail or by the end of their first year in the territory. Even now you can visit stretches of the Mormon Trail in the west and see the ruts that remain from the countless wheels that compressed the earth. With the completion of the trans-continental railroad in 1869 the journey west for immigrants and citizens alike became much less strenuous.

Once in Deseret, the newly arrived had enormous adjustments to make to the culture, the climate, and the conditions of this frontier. In its earliest years, Mormon Utah somewhat resembled the communal society envisioned by Robert Owen at New Lanark. The LDS church encouraged residents to work in harmony, live where they were needed, and act in ways that benefitted the community at large.

Remembrance of the struggles of the first Utahns is what is celebrated by Mormon families every Pioneer Day. While I do not share the traditions or that faith, I can respect those first believers who walked across this country to follow their beliefs and dreams. The pioneers who pulled the handcarts have become a symbol of the LDS culture and religion and a touchstone for those families whose forefathers and foremothers made the trek.



Note: There are any number of books on the LDS pioneer experience and the founding of Utah. It is a unique story in American history, and one told by many

authors within and without LDS culture. I have found the books by Will Bagley to be balanced for my tastes. He was raised within the LDS Church, left it, but continued to be a “cultural Mormon.” His family’s experience goes back to Utah’s pioneer roots, and he was an excellent student of America’s westward migration.

Mary Miner, susiespinner36@msn.com

Lammas Day - 1st August

This was Thanksgiving time (Harvest time) in Britain. The name comes from an Anglo-Saxon word Hlafmaesse which means loaf Mass. The festival of Lammas marks the beginning of the harvest, when people go to church to give thanks for the first corn to be cut. This celebration predates our Christian Harvest Festival.

On Lammas Day farmers made loaves of bread from the new wheat crop and gave them to their local church. They were then used as the Communion bread during a special mass thanking God for the harvest. The custom ended when Henry VIII broke away from the Catholic Church, and nowadays we have harvest festivals at the end of the season. Michaelmas Day (September 29th) is traditionally the last day of the harvest season.



Lammas Day used to be a time for foretelling marriages and trying out partners. Two young people would agree to a trial marriage’ lasting the period of the fair (usually 11 days) to see whether they were really suited for Wedlock. At the end of the fair, if they didn’t get on, the couple could part.

Lammas was also the time for farmers to give their farm workers a present of a pair of gloves. In Exeter, a large white glove was put on the end of a long pole which was decorated with flowers and held on high to let people know that the merriment of Lammas Fair was beginning.



Lammas Superstition

To bring good luck, farmers would let the first corn bread go stale and then crumble over the corners of their barns.

SMILE LINES

As you enjoy your children during the holidays, remember ...

1. You spend the first two years of their life teaching them to walk and talk. Then you spend the next 16 telling them to sit down and be quiet.
2. Mothers of teens now know why some animals eat their young.
3. Children seldom misquote you. In fact, they usually repeat word for word what you shouldn't have said.
4. The main purpose of holding children's parties is to remind yourself that there are children even more awful than your own.

Warning at a mountain holiday resort

Be careful not to fall here. It's dangerous. But if you do fall, remember to look to the left on your way down. You get a wonderful view on that side.

Quick route

Tourist: Officer, what is the quickest way to the hospital?

Officer: Close your eyes, then cross this street, and you'll be there in 15 minutes.



Labels



As part of the admission procedure in the hospital where I work, I ask the patients if they are allergic to anything. If they are, I print it on an allergy band placed on the patient's wrists.

Once when I asked an elderly woman if she had any allergies, she said she couldn't eat bananas. Imagine my surprise when several hours later a very irate son came out to the nurses' station demanding, "Who's responsible for labelling my mother 'bananas'?"

New perils

A child was trying to memorise the Lord's Prayer: "...and lead us not into temptation but deliver us from email..."



Have you ever noticed that ...

After your hands become coated with grease, your nose begins to itch.



Identical parts - aren't.

It is a mistake to allow any mechanical object to realise that you are in a hurry.

The sole purpose of a child's middle name is so they can tell when they are really in trouble.

Miscellaneous one-liners:

What is a smile? It's when you laugh in a whisper.



Never go to a doctor whose office plants have died.

Genealogy: Where you confuse the dead and irritate the living.

Where does seaweed go to look for a job in the summer? The 'kelp wanted' section.

Memory is what tells a man his wedding anniversary was yesterday.

Happiness is not having to set the alarm clock.

Everything is wonderful

My face in the mirror isn't wrinkled or drawn
My house isn't dirty, the cobwebs are gone.
My garden looks lovely and so does my lawn.
I think I might never put my glasses back on.



CHILDREN'S CORNER

Spot the Six differences in these beach inspired pictures



What do you say to an avocado
who's done a good job?



Bravocado!

TearaFuturaJob

Why did the slice of
bread get sent home
from school?

It was feeling crumby.



What do french
fries do when
they meet after a
long time?

They ketchup



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Gavin Rushworth (our director) has been in the landscaping business for 30 years. As a company we cover the whole of the UK, working nationwide. We are currently looking into expanding our client base further into our home area of Suffolk and East Anglia. We do a full range of works, from private customers, to county councils. Our works include;

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