

# hope

If you only carry one thing throughout your entire life, let it be hope. Let it be hope that better things are always ahead. Let it be hope that you can get through even the toughest of times. Let it be hope that you are stronger than any challenge that comes your way. Let it be hope that you are exactly where you are meant to be right now, and that you are on the path to where you are meant to be... Because during these times, hope will be the very thing that carries you through.

- Nikki Banas



## A Word from The Editors.....

Welcome to our very different looking May Signpost.

We hope very much that you and your loved ones are safe and well at this difficult time.

As you will appreciate, there is not much going on in the villages, but Angela and myself felt that we wanted to send you something to keep you occupied during this period of lockdown. We hope you will find this month's magazine enjoyable. We have included various materials, recipes, jokes and jobs to do around the house and garden. If you have anything that you would like to see in our next magazine or would like to register to receive The Signpost via email each month, during Covid19, please email Amy [bakergirl174@gmail.com](mailto:bakergirl174@gmail.com) and Angela and [amtreoar@btinternet.com](mailto:amtreoar@btinternet.com)

News of the Carlford Churches and details of online Worship can be found on the website [carlfordchurches.org](http://carlfordchurches.org) and within the Mini Grapevine along with suggested prayers and readings for the week ahead. If you would like to receive the Mini-Grapevine weekly via email, please register via the website [carlfordchurches.org](http://carlfordchurches.org) or with Mark Cresswell – [mark@cresswell.onl](mailto:mark@cresswell.onl). There are links on the Carlford Churches website to the Facebook page, Mini-Grapevine and The Signpost. Alternatively, the Carlford Churches Facebook page can be accessed directly <http://facebook.com/carlfordchurches>.

We will beat this Cornoavirus so long as we all stick by the rules – Stay at Home & help Save Lives & the mounting pressure on our NHS Staff, who are doing an amazing job.

We come together to pray for those who have been affected by the destructive virus and their families sadly left behind.

Please be safe & take care, Amy and Angela

## Weather March 2020

The weather for the first half of March was very similar to the start of February with some very cool dull days and a few sunny ones, both months had the same rainfall of one inch. Fortunately in the last week of the month there came a welcome change with blue skies and some strong winds which dried up the land. This was followed by colder weather, this always follows the cowslips and blackthorn coming into bloom known as “blackthorn winter”. Rainfall for the month came to .80 inches, the last time it was this low was April 2019.

*Russell Ling*

## OUR FASCINATING LANGUAGE

### Hobson’s Choice

We all know that to have Hobson’s Choice is to have no choice at all, but who was Hobson & how did his actions lead to this phrase being introduced into the English language?

Thomas Hobson owned Anglesey Abbey in Cambridgeshire from 1625. He ran a successful livery stable there but insisted on hiring out his horses strictly on a rotation basis to ensure that each animal was evenly worked. Nobody was allowed to select a favourite, as was common practice in other liveries at the time. So Hobson’s customers were only allowed to ‘chose’ from one horse, hence he gave them ‘Hobson’s Choice’.



### A Feather in Your Cap

To have a feather in your cap means you’ve done something really well, & earned praise for your actions. Your efforts have been noted but not rewarded in any tangible way. It’s origins might seem easy to explain. An Indian brave fighting for his tribe in America, who killed an enemy, was rewarded by having a feather inserted into his headdress. The bravest fighters would therefore have a headband full of feathers. However, four hundred years before this, in Medieval England, battlefield bravery was rewarded in a similar way. Courageous knights were given plumes to wear in their helmets. The most interesting fact about this saying is that when fighting at the Battle of Crecy in 1346, The Black Prince, 16 year old Edward the Prince of Wales showed extreme courage. He was awarded the crest of one of his defeated enemies, John of Bohemia. That crest, of 3 ostrich feathers, remains the crest of the Prince of Wales.



## The Donkeys Tale

When I was a child I was introduced to a book called “The Donkey’s Tale” it was a particular favourite of my mother’s. I hope you enjoy it too.....

“Once upon a time there was a very ordinary girl. One day she heard a knock at the door. It was the world asking her for help. ”Why me” she asked. “What can I do to help? Why not someone with more sense who is more reliable? I always make mistakes....I’m just useless”

“You too?” said a donkey.....” I’ve got long funny ears, my legs are too short, and I’m often stubborn and moody. But a long time ago, in a faraway land, a man chose me. Not a dashing white horse, but funny old me. He was heavy and the road was long, but he always gave me strength to get there.....He doesn’t need another genius – he needs a few donkeys who know they have to depend on his strength – not theirs, his wisdom - not theirs, his words – not theirs.

“So it doesn’t matter that I feel useless” said the girl. “He will show me what to do and will give me what I need to do it?”

“Yes” said the donkey.

As ever my love and prayers for you all.

*Clare Sanders*

“Stay in your house,” said the wise old man.



## 1<sup>st</sup> May - May Day: unbridled merriment

May is the month when the ancient pagans used to get up to 'all sorts'! The Romans held their festival to honour the mother-goddess Maia, goddess of nature and growth. (May is named after her.) The early Celts celebrated the feast of Beltane, in honour of the sun god, Beli.

For centuries in 'Olde England' the people went mad in May. After the hardship of winter, and hunger of early Spring, May was a time of indulgence and unbridled merriment. One Philip Stubbes, writing in 1583, was scandalised: 'for what kissing and bussing, what smooching and slabbering one of another, is not practised?'

Henry VIII went 'maying' on many occasions. Then folk would stay out all night in the dark rain-warm thickets and return in the morning for dancing on the green around the May pole, archery, vaulting, wrestling, and evening bonfires.

The Protestant reformers took a strong stand against May Day, and in 1644 May Day was abolished altogether. Many May poles came down - only to go up again at the Restoration, when the first May Day of King Charles's reign was 'the happiest Mayday that hath been many a year in England', according to Pepys.



May Day to most people today brings vague folk memories of a young Queen of the May decorated with garlands and streamers and flowers, a May Pole to weave, Morris dancing, and the intricacies of well dressing at Tissington in Derbyshire.

May Day is a medley of natural themes such as sunrise, the advent of summer, growth in nature, and - since 1833 - Robert Owen's vision of a millennium in the future, beginning on May Day, when there would be no more poverty, injustice or cruelty, but harmony and friendship. This is why, in modern times, May Day has become Labour Day, which honours the dignity of workers. And until recently, in communist countries May Day processions were in honour of the achievement of Marxism.

Be kind. Remember everyone you meet is fighting a hard battle.

*T H Thompson*

There has never been a Christian content to May Day, but nevertheless there is the well-known 6am service on the top of Magdalen Tower at Oxford where a choir sings in the dawn of May Day.

An old May carol includes the lines:

*The life of man is but a span, it flourishes like a flower  
We are here today and gone tomorrow - we are dead within an hour.*

There is something of a sadness about it, both in words and tune, as there is about all purely sensuous joy. For May Day is not Easter, and the joys it represents have always been earth-bound and fleeting.

### **8<sup>th</sup> May - Julian of Norwich, a voice from a distant cell**

Many years ago, studying English literature at university, I was intrigued to be introduced to the work of Julian of Norwich. She was writing at the end of the 14<sup>th</sup> century, when our modern English language was slowly emerging from its origins in Anglo-Saxon and Middle English.



Our lecturer was mainly concerned with her importance in the history of the language (she was the first woman, and the first significant writer, to write in English). But I was more intrigued by the ideas she was expressing. She was an anchoress – someone who had committed herself to a life of solitude, giving herself to prayer and fasting. St Julian’s, Norwich was the church where she had her ‘cell’.

Her masterpiece, *Revelations of Divine Love*, reveals a mystic of such depth and insight that today up and down Britain there are hundreds, possibly thousands, of ‘Julian Groups’ who meet regularly to study her writings and try to put them into practise.

She is honoured this month in the Lutheran and Anglican Churches, but although she is held in high regard by many Roman Catholics, her own Church has never felt able to recognise her as a ‘saint’. This is probably because she spoke of God as embracing both male and female qualities. *Revelations* is an

account of the visions she received in her tiny room, which thousands of pilgrims visit every year.

Her most famous saying, quoted by T S Eliot in one of his poems, is ‘All shall be well, and all shall be well, and all manner of thing shall be well.’ These words have brought comfort and strength to many a soul in distress.

*Canon David Winter*

*The word ‘comfort’ is derived from the words ‘con’ and ‘fort’, meaning ‘with strength’. Jesus said that if we mourn, we shall be comforted. Behind the promise of his word lies the resurrection of Jesus Christ, where total defeat was turned into glorious victory. – Sherwood Wirt*



Whilst we all have more time at home during lockdown, it is the perfect excuse to get cracking on your Spring Cleaning !

1. Wooden Blinds – Wipe over each slat with a tumble drier sheet as the anti-static technology picks up more stubborn dust.
2. Cutlery Drawers - Take all cutlery out and place in the sink with some Fairy Liquid (or other brands). While they are soaking be sure to get all of the dust out of the drawer, especially the corners, disinfect then put everything back.
3. Declutter – Put things into two piles ‘junk’ and ‘good’. The junk can be sorted ready to go to a charity shop or in the bin and the good goes back, but only once cupboards, drawers etc are cleaned fully. It is so satisfying to declutter.
4. Sort Paperwork – No doubt the bane of many people’s lives in the amount of paperwork we have for everyday life. A good idea could be to have a designated box of all paperwork that cannot be filed specifically but that you do not wish to shred, recycle or bin. Every six months, sit down and go through that box and see what you are happy to let go or no longer need.
5. Clothes – It could be a good time to start packing away seasonal clothes into vacuum bags, great space saver.
6. Ladies Handbags – Declutter your handbags
7. Car – give your cars a good Spring Clean inside and out.

## NEWS FROM OUR CHURCHES

### ASHBOCKING

The church doors are sadly closed now and with no Sunday services, especially now at Easter time, routines do seem strangely empty.

No cups of coffee or gatherings and activities of any sort. Thank goodness for virtual church services led by our clergy from their homes. If you haven't tried it, please do. They are short services to be found on the Carlford Benefice Facebook page.

Although everywhere is strangely quiet and nobody much leaving their homes, it is amazing just what IS going on within our village.



A support system has been set up with everyone being given a named supporter, who are volunteers from the village. People have been generous in offering their time to fetch shopping, collect medication or anything else people want within limits.

The village WhatsApp is very active with people offering to get odds and ends for people whilst out on another errands. Most people who can, are only too willing to help whilst so many are frustratingly on total lockdown. A message of safe keeping is strong and is well observed, even on the evenings of The Big Clap, for our wonderful NHS.

We are now having a few days of fine weather and more is promised, so I guess many of us will be in our gardens doing all those jobs which normally take the whole summer to get around to. I think an open gardens day might be appropriate when all 'this' is over.

I have had to become more imaginative with cooking of late. The supermarkets have only been allowing me to buy three Gluten Free items, two of us in the household have to have GF food. Three small loaves don't go far! If I buy bread then I am not allowed to order GF pasta, flour, or any other GF item.

Therefore, I had a go at making GF bread from scratch. The recipe was on the back of the flour packet (no mixes available).

Interesting.....! However, cakes are successful, and often baked for coffee mornings and events. BUT, this little gem is a new one to my collection and is

just the right size to have with tea or coffee instead of a biscuit. Thanks to Mary Berry.

### **Date and Cherry Butter Bars**

You need a buttered cake tin approx. 12"x 9". Or 30 x 23cm.

8oz, (225g) SR flour. I use a multi- purpose GF SR flour which works very well.  
½ tsp baking powder.

3oz (75g) butter, this really is much better with butter not marg.

4oz (100g) caster sugar.

3oz (75g) chopped dates. I have found Sultanas or chopped Apricots work well too.

1oz(25g) glace cherries chopped 1 large egg.

Preheat the oven to 190deg C/fan 170degc/gas5

Measure the flour and baking powder into a bowl and rub in the butter until it resembles fine breadcrumbs.

Stir in sugar, chopped fruit and beaten egg.

Mix together and bring into a soft dough.

Knead lightly, and when smooth press into the prepared tin. You may think there is not enough mixture, but it does work.

Bake in the oven for about 10mins. Remove from the oven and cut into approx. 24bars.

Return to the oven for a further 10 mins until golden. Remove and allow to cool completely in the tin before easing the bars out and storing in an air-tight container.



The garden has been a great source of exercise. Unfortunately, as I was on a high from having sown all my seeds and planted the potatoes, I discovered a favourite plant showed signs of the dreaded vine weevil.

Action was needed! These rotten little creatures lay their eggs in the soil which then hatch and turn into little white grubs which feed off the plant's roots. The adult vine weevil can be seen at night on the plant and usually show their presence by leaving little semi-circular munching's in the edges of the leaves. If seen, they should be picked off and squished.



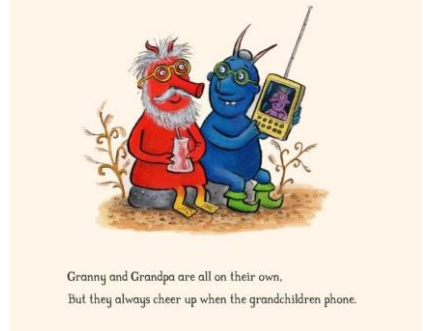
If left untreated the plant will wilt, then collapse and die.

We took all the compost off the offending plant as far as possible and re-potted it.

We failed in our search for online deliveries of Nematodes, this is a live product which is watered into the soil. They are microscopic worms which attach themselves to the grub and kill it. They then feast on the body and reproduce, thus maintaining control of the vine weevil.

Unfortunately, we had to settle for a chemical solution which hopefully may help.

On that grubby note I will say “Stay Safe, Keep Active” and talk to one another on the phone, and look out for people living in isolation or on their own.



*Linda Pollard*

## OTLEY

**All public worship has been suspended, this and all church buildings in the Church of England are now closed.**

**If you need help or advice, please contact the Revd Canon Clare Sanders  
[Tel:01473 735183](tel:01473735183) or [01728 768873](tel:01728768873)**

### [‘God bless the Otley Village Stores and Post Office’](#)

I know that trying to get food lately has become a real headache. Online shopping has become a no-go area for many of us trying to get a delivery slot. The alternative is long drive to the Supermarket to face queuing and a limit to what we may have.

We are so lucky to have our very own village shop and with owners Penny and Andrew Sunaway, they have kept us all supplied with needful things during this crisis. They have a great selection of essential household items and foodstuffs including fruit and vegetables.

They are only allowing two people at a time in the shop and are following guidelines on social distancing and hygiene, keeping customers safe. Along with Hailey, Mel and the rest of their helpful and dedicated staff, it is always “Service with a Smile”.



Where would we be without them?

Also, we are very grateful for the Otley Surgery, not forgetting the team in the Dispensary who remain open to us despite many challenges.

Our heartfelt thanks go to you all... we are so lucky to have you.

Now for something a little more light hearted...

We have planted seeds and potatoes in the hopes they might yield produce by Autumn.

Decorated the bathroom by mixing our own paint with a tin of cream paint and left-over tester pots. The result is very good...might have to offer our services to Farrow & Ball!

Have tried to keep fit by walking and riding my exercise bike, I burnt 6 calories the other day and celebrated with some chocolate.

Seen in the garden...two pheasants, a green woodpecker, loads of pigeons, hedgehog droppings, multiple signs of field voles, a muntjac deer (love him!) and a large man cutting the grass (bless him!)

If you've been able to take a walk around the village this week you might have noticed teddy bears and pictures of rainbows in the front windows of some homes.

If you're wondering why that is, there's a very good explanation. People are being asked to place these in their windows to create a social-distancing-approved scavenger hunt.



The teddy bears idea was inspired by the popular book called “We're Going on a Bear Hunt.”

The rainbow scavenger hunt is a good reminder for children to look for the good in the world at a time of uncertainty and worry and of course it is the symbol for the NHS.

Look out for them!



Keep safe!

*Angela Treloar*

Please read the article to follow, from Sally Gaze, it is very informative.

## Coronavirus help in Otley

There is a friendly team in the village for anyone who needs help during the outbreak. They can help with the following

- Collecting groceries or products from shops
- Helping you to find things you couldn't find in the shops
- Collecting prescriptions
- Caring for animals
- Offering phone calls so that you don't get lonely while isolating (phone tree)
- Lawn cutting and vital garden maintenance
- Helping out with children's home learning



The Coordinator is Clare Free and she can be contacted on **01473 892582**

There is not currently a food or resources bank in Otley, but the team is monitoring whether this may be useful. Please let us know if you think there is a need.

Part of this team of helpers are members of the church Lightwave Group who also take requests for people or things you may want us to pray for. We meet by Zoom on Tuesday evenings to catch up, study the bible, pray and respond to help requests which have come our way. Anyone can join us. To find out more or to make a prayer request please give me a ring.

Sally

Archdeacon Sally Gaze, Spring Park, Otley (tel. 07446 933129)

## SWILLAND

This is a first for me to have the honour of writing our village news.

Firstly I would like to welcome home Sam Salter of Church Lane after his short stay in hospital and respite care. It is good to see you smiling whilst enjoying the fresh air and beautiful Spring days.

We are all making sure each of our immediate neighbours are getting what shopping they need and doing so by sharing online shopping deliveries so that we are all catered for.

! There is a Neighbourhood Group App called Nextdoor Swiland that has been set up where you can be in touch with your neighbours who have also joined, share news, details of local events, get to know your neighbours, post lost pets. This could also be useful if anyone requires any help especially over the period of lockdown and beyond. If you would like to join, please do email me so that I can help you to get you set up. [Bakergirl174@gmail.com](mailto:Bakergirl174@gmail.com).

I am becoming very obsessed with all creatures great and small that are coming to visit our garden. The buzzing of the bees and the beautiful colours of the many butterflies. Fortunately for them, they are not in lockdown and are able to amble on from flower to flower. We have Blue Tits nesting in our homemade bird table



and it is absolutely fascinating to watch them trying to get long rectangular twigs into a round hole barely bigger than them. You often see them going into the hole and the twig being left on the perch beneath. They are incredibly intelligent birds and somehow they always manage to do it in the end. They are also very imaginative in what resources from our garden they are taking to build their nests. It will be so lovely to see the fledglings finally appear to take their first flights over the days and weeks to come.

We had a real treat this evening by seeing our first ever Kite glide so gracefully over our rooftops (I am obviously meaning the bird variety, not the plastic type!).

*Amy Waspe*

## **LIFE CHANGES**

I am writing this at the end of a very strange Easter Saturday, maybe like the disciples in not knowing what tomorrow will bring, let alone what to expect in a fortnight or so.

Looking back at the last couple of months, I still cannot come to terms with how swiftly our world has been turned upside down. Within a matter of days, my firm had moved from introducing hand sanitisers, to practising working from home, to

closing the office for all but a few, to putting staff on furlough. Within a matter of days, I had moved from advising how people could still get married even though their banns could not be called, to advising the bishop on how to license a priest to a new job over the telephone, to considering the implications of mass burials in churchyards. Within a few days, I had discovered that even I could learn to value Facebook, Houseparty, WhatsApp and Zoom.

I have lost track of time and have to force myself to maintain a routine. Despite saturation coverage by the media, I do not understand why coronavirus has spread so quickly, why it effects people so differently, and how, if at all, it will be brought under control. My questions are met with silence, but silence has actually become one of the welcome features of life in these changed times. Walking through our beautiful spring countryside without traffic and aircraft noise has wonderfully enhanced the sounds of nature; the silent response to my questions and the absence of normal chatter, meetings and social life have sharpened my own thinking. At his arrest, trial and crucifixion, Jesus remained largely silent and for many of us, God may seem remarkably silent, even in what is meant to be “this joyful Eastertide”. As Jesus hung on the cross, he did not explain what he was doing or why. After the resurrection, when he appeared to the disciples, he did not explain how it had happened or what it meant. They were left, like us, uncertain, afraid, anxious and alone.



Silence has been accompanied for me by another realisation - that I am not in control. Changes in family life, accidents, time in hospital and off work have shattered the illusion that I am somehow in charge of my life and able to cope. In recent weeks I have felt left out and unable to help where help is needed most. There is very little I can do and the pandemic is reminding us collectively that humanity is not divine and does not have all the answers. Jesus also allowed events to take their course, submitting to the worst, and deliberately and openly disclaiming all conventional power and control.



In the silence and allowed to make themselves heard, I have noticed the voices of old acquaintances. Chiffchaff, blackcap, whitethroat and willow warbler join blackbird, thrush, robin and wren in heavenly springtime chorus. Conversation with friends, relations and people just peering over the hedge is at a deeper level. And, amid the welter of words online, there have been gems of poetry, which have lain forgotten or ignored in dusty books for

so long. Here is a poem by John Donne (1572–1631, Dean of St Paul’s) that has struck a chord in me:

**For Whom the Bell Tolls**

*No man is an island,  
Entire of itself.  
Each is a piece of the continent,  
A part of the main.*

*If a clod be washed away by the sea,  
Europe is the less.  
As well as if a promontory were.  
As well as if a manor of thine own  
Or of thine friend’s were.  
Each man’s death diminishes me,  
For I am involved in mankind.  
Therefore, send not to know  
For whom the bell tolls,  
It tolls for thee.*



Christ is risen; we are risen. Happy Easter!

*James Hall*

**RUSSELL LING REPORTS**

**Farm animals in the horse era**

Most livestock was fed on meal, the grain for this had to be milled and other ingredient added to make the animal rations. Farmers grew wheat, barley, oats and beans both for sale and to be milled for feed.

In the nineteenth century the only method of milling was by windmills and watermills both of which were reliant on weather. Windmills could only operate up to a certain wind speed, vanes on the sails could be opened and closed according to get the correct rotation for the mill stones to grind the corn. In times of calm weather the mill couldn’t operate at all and demand would increase so much that when there was sufficient wind to turn the sails then the miller would have to work night and day to catch up. The mill stones also had to be dressed

periodically in order to grind the corn to the correct consistency. The dressing of the stones was a skilful job as the grooves in the stones had to be the correct depth and width for grinding the meal.

At the end of the 1800s oil engines were becoming more available and the machinery of many windmills were converted to be driven by these so that there was more reliability in production. The sails on the remaining windmill in Otley situated opposite the Post Office corner were removed in 1900. Grain continued to be ground with an oil engine here until the 1950s. The demise of the windmills came firstly due to more farms operating their own grinding mills and also corn merchants having their own high capacity machines. The other advantage for the corn merchants was the ability to mix the correct ingredients to give a balanced ration and deliver straight to the farms.



*Russell Ling*



Please remember that our local Foodbanks need our support more than ever, you can donate goods by leaving them in the back of Grundisburgh Church or Otley Village Stores. Any donation would be gratefully received.

A Festival of

## Wreaths for all Occasions

St Mary's Church, Grundisburgh, IP13 6NF will host in partnership with St Botolph's Church, Burgh our first Festival of Wreaths for all Occasions

An Event To Look Forward To  
A Project To Work On Now  
We Have Our First Entries



The Festival will be open on Friday 4th December (1pm - 5pm)  
Saturday 5th (10am - 5pm) & Sunday 6th (10pm - 4pm)  
Followed by the annual Toy Service at 4.30pm  
Pat Fletcher 01473 735775, Gill Girling 01473 735502  
and Sally Butler 01473 738877 are willing to help



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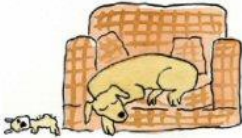
Orders and information contact Pat Fletcher  
01473 735 775 p.j.fletcher45@gmail.com

## SMILE LINES



I always like a dog at home,  
It makes it nice and hairy,  
And if a burglar calls,  
Your dog will make the place sound scary,  
Your dog will idolise you,  
And his love will never stop,  
You only need some food and drink,  
A bucket and a mop.

*Pam Ayres*



In days of old when Knights were bold  
And paper not invented  
With bits of grass  
They wiped their ar - -  
And they were quite contented.

### **Meow**

“What is your kitty’s name, James?” asked the visitor.

“Ben Hur,” said James.

“That’s a funny name for a cat. Why did you name it that?”

“Well, we just called him Ben - until he had kittens.”

### **Baby sitting**

We encouraged our 18-year-old daughter to find a job to help pay for her college education. One day she came home with five applications, and later that evening we read them. Under ‘Previous Employment’, she listed ‘Baby sitting’. And under ‘Reason for Leaving’ she wrote, ‘They came home’.

### **Good view**

At his wife’s insistence, a man purchased a home on a hilltop in a very exclusive section of the community. “I’ll bet there is quite a view from way up there,” said his friend enviously. “Yes,” replied the homeowner in a resigned manner. “On a clear day you can see the bank that holds the mortgage.”





# CHILDREN'S CORNER

## Easter Word Hunt

Directions: Look for the ten words in the list hidden in the puzzle. The words can be forwards or backwards.



T D W M H H T  
E Y D N A C E  
N E C H I C K  
N Q T N U H S  
O L I L Y G A  
B U N N Y G B  
P A R A D E F



basket      chick      hunt  
bonnet      dye      lily  
bunny      egg      parade  
candy



\* made with love

What is brown, hairy and wears sunglasses?  
A coconut on vacation.

What did the Dalmatian say after lunch?  
That hit the spot!

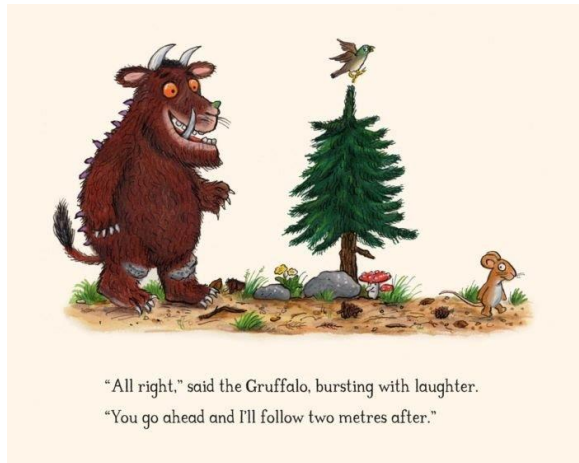
Why does a seagull fly over the sea?  
Because if it flew over the bay, it would be a baygull.

What kind of tree fits in your hand?  
A palm tree!

## 5 Things to look out for in your gardens

Can you find them all?

1. Butterflies
2. Ladybirds
3. Daisy's
4. Worms
5. Bumblebees



"All right," said the Gruffalo, bursting with laughter.  
"You go ahead and I'll follow two metres after."

**The WHITE HART**  
**Helmingham Road**  
**Otley**  
**TEL: (01473) 890312**

[www.thewhitehartotley.co.uk](http://www.thewhitehartotley.co.uk)  
[team@thewhitehartotley.co.uk](mailto:team@thewhitehartotley.co.uk)

*“For everything there is a season, and a time for every matter...”*

... and as we move into Spring and Summer the pub opens up its sunny beer garden with wonderful views of the Suffolk countryside, where you can enjoy local asparagus, crabs and all the other wonderful taste sensations this area has to offer. When Autumn and Winter approach, we light the fire and cook up game pies, hearty stews and crack open the winter ale. Our community lunch gives you a slap-up meal, including pudding, and a chance to meet your neighbours for a mere £6 on the last Thursday of every month and there are Ukulele, Knitting, Cribbage, Book Clubs, all sorts of things to get involved with. See our website, give us a ring or pop in for more details.

*The Pub is the Hart of the Village...*

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