

The Grapevine



THE CHURCH
OF ENGLAND

News for the Churches of the Carlford Benefice

www.carlfordchurches.org

December 2018

"Send/Receive"



For those of you who use computers and Email, the **"Send/Receive"** button is one you will be familiar with- facilitating the arrival and departure of correspondence, connecting you at high speed, with those who could be thousands of miles away, friend or stranger with the click of a button.

I was struck by the significance of the **"Send/Receive"** button when I received an Email from Richard Rohr – Richard is a RC Franciscan friar in New Mexico, who writes extensively about living the Christian faith in contemporary society. In addition to writing books and lecturing worldwide, he produces a daily meditation which pings onto my screen at breakfast every morning. In one of these emails, he drew our attention to a Tibetan Buddhist spiritual practice of *"Tonglen"*. "Tonglen is a meditative practice which is based on breathing and arouses a sense of oneness with others. Simply put it advocates as we pray, to breathe in that which is unpleasant, that which we try to avoid, such as our sadness and anger (and suffering) and breathe out- send out- that which is pleasing, enjoyable and brings life."

"The word *tonglen* is Tibetan for **"sending and receiving."** It refers to our willingness to take on the pain of others we know are hurting and extend to them whatever we feel will ease their pain.

Practicing *tonglen* awakens our natural empathy, our innate ability to put ourselves in others' shoes. Caring about people when they're scared or sad or angry or arrogant can be a challenge; it confronts us with our own pain and fear, with the places where we're stuck. But if we can stay with those unwanted feelings, we can use them as stepping-stones to understanding the pain and fear of others. *Tonglen* allows us to acknowledge where we are in the moment and, at the same time, cultivate a sense of kinship with others. When painful feelings arise, we breathe them in, opening to our own suffering and the suffering of everyone else who is feeling the same way."

What struck me as I read this, is that the theology, the understanding of God that lies at the heart of Christmas and the mystery of the incarnation, is that God seeing, knowing the pain of the world, **sends** his son to become "one with us – Emmanuel" – He embraces the human condition and enables us to enter into a living and dynamic relationship with him and in living the human life Christ offers us transformation – he offers us his very life- if we are only but open and prepared to **receive** him- to welcome into our lives. Then we in turn are **sent** – the word in Latin is "Missio", which gives us the word "Mission". Through the mystery of the incarnation – God becoming human, we are **received** into the life of God, made one with him, and we are **sent**, commissioned to live his life, in the service of others.

Our mission is to Grow in God- in depth and in service – to live more and more in a deepening relationship with him. Christmas is not just one day, it is every day, daily **receiving** from the love of God and being **sent** out in his name to serve others.

We wish you a very Happy Christmas.

Rev'd Clare Sanders

Services across the Carlford Benefice

Sunday December 2nd Advent Sunday

Jeremiah 33.14-16, Psalm 25.1-9, 1 Thessalonians 3.9-end, Luke 21.25-36

Grundisburgh	8.00am	Holy Communion
	11.00am	Toy Service
Otley	9.30am	Holy Communion
Boulge	11.00am	Holy Communion

Monday December 3rd Hasketon 9.30am Holy Communion

Wednesday December 5th Grundisburgh 9.30am Holy Communion followed by coffee at SWAPSHOP

Sunday December 9th 2nd Sunday of Advent

Baruch 5 or Malachi 3.1-4, Cantic: Benedictus, Philippians 1.3-11, Luke 3.1-6

Grundisburgh	8.00am	Holy Communion
	11.00am	Holy Communion Parish Eucharist
Hasketon	9.30am	Parish Eucharist
Clopton	11.00am	Morning Prayer

Thursday December 13th Otley 9.30am Holy Communion followed by the coffee morning at South View, Chapel Road

Friday December 14th Boulge 7.00pm Carol Service

Sunday December 16th 3rd Sunday of Advent

Zephaniah 3.14-end, Cantic: Isaiah 12.2-end [or Psalm 146.4-end], Philippians 4.4-7, Luke 3.7-18

Grundisburgh	8.00am	Holy Communion
	11.00am	Morning Prayer
Burgh	9.30am	Extended Family Communion
Hasketon	6.30pm	Carol Service
Swilland	11.00am	Carol Service
Ashbocking	4.00pm	Carol Service

Thursday December 20th Hasketon 11.30am Holy Communion followed by the Community Lunch in the Village Hall

Saturday December 22nd Otley 6.00pm Carol Service

Sunday December 23rd 4th Sunday of Advent

Micah 5.2-5a, Cantic Magnificat, Hebrews 10.5-10, Luke 1.39-45 [46-55]

Grundisburgh	8.00am	Holy Communion
	7.00pm	Carol Service
Clopton	9.30am	Family Communion
Boulge	11.00am	Holy Communion
Burgh	5.30pm	Carol Service

Monday December 24th Christmas Eve

Psalm 89.2,19-27, Acts 13.16-26, Luke 1.67-79

Grundisburgh	4.30pm	Crib Service
	11.30pm	Midnight Mass
Hasketon	3.00pm	Crib and Christingle Service
Otley	3.00pm	Crib Service
Clopton	6.00pm	Carol Service

Tuesday December 25th Christmas Day

Isaiah 9.2-7, Psalm 96, Titus 2.11-14, Luke 2.1-14 [15-20]

Burgh	9.30am	Extended Holy Communion
Hasketon	9.30am	Holy Communion
Swilland	9.30am	Extended Holy Communion
Ashbocking	11.00am	Extended Holy Communion
Otley	11.00am	Family Communion

Sunday December 30th 1st Sunday of Christmas

1 Samuel 2.18-20, 26, Psalm 148 [or 148.7-end], Colossians 3.12-17, Luke 2.41-end

Grundisburgh	8.00am	Holy Communion
Boulge	11.00am	Benefice Holy Communion

St. Mary's, Grundisburgh
Armistice Day Poppies

Thank you for so many poppies
from so many people

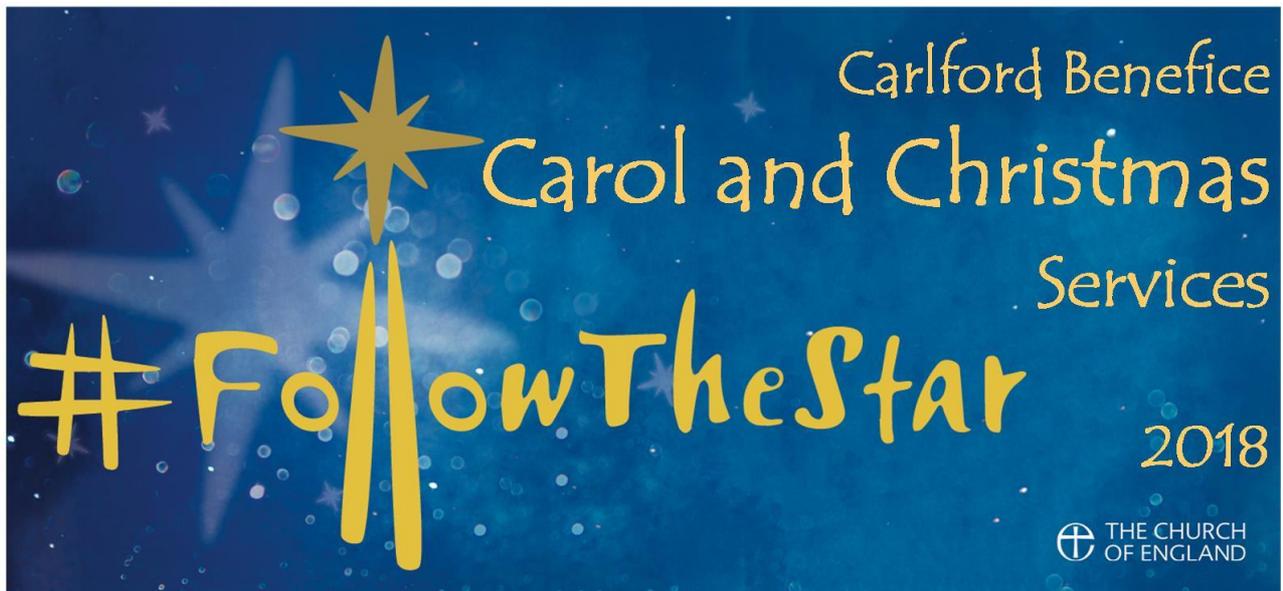
Displayed on the netting. 140 from school
years 1-6, 390 from the community.
From Reception class, Funsters, Rainbows
and Beavers. From the Brownies, 42, one
for each name on the War Memorial.
From the Guides. A new altar frontal for
Remembrance Day



First Point of Contact:

**Ashbocking, Burgh, Boulge,
Clopton, Grundisburgh,
Hasketon, Otley and Swilland**

Rev'd Clare Sanders
01473 735183



Carol Services

Fri 14th Boulge Church, 7pm

Sun 16th Swilland Church, 11am; Ashbocking Church, 4pm;
Hasketon Church, 6.30pm

Sat 22nd Otley Church, 6pm

Sun 23rd Burgh Church, 5.30pm; Grundisburgh Church, 7pm

Mon 24th Clopton Church, 6pm

Crib & Christingle Mon 24th

3pm Hasketon Church, Christingle.

3pm Otley, The Barn, Warrens Farm, Crib Service.

4.30pm Grundisburgh Church, Crib Service.

Midnight Mass, Mon 24th

11.30pm Grundisburgh Church

Christmas morning

9.30am Swilland Church

9.30am Burgh Church

9.30am Hasketon Church

11am Ashbocking Church

11am Otley Church

You are warmly invited to
share this special time of
year with us at one or
more of our services.



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The Carlford Churches

Ashbocking, Boulge, Burgh,
Clopton Grundisburgh, Hasketon,
Otley, Swilland.

www.CarlfordChurches.org



What's On across the Carlford Benefice – December



- 1st Grundisburgh Coffee Morning** 10.30am Parish Room, Grundisburgh
- 3rd Midweek Communion** at 9.30am at Hasketon
- 3rd Beyond Belief** 10.30am – 12 noon Grundisburgh Parish Rooms – see details elsewhere
- 3rd Men's Group** 6.30pm Christmas meal and quiz at The Moon and Mushroom, Swilland
- 3rd 7.30pm Otley and District Gardening Club – "Christmas Floral Craft" with Sue Montgomery**
- 4th Baby Café** Grundisburgh Parish Room 9.00am – 10.30am
- 5th Midweek Communion** at 9.30am followed by **SWAPSHOP** 10.15am-11.30am Parish Room, Grundisburgh
- 5th Hobbies Group**, Clopton Village Hall 10.00am until 12 noon
- 5th "Going Deeper" Homegroup**, Manor Farm, The Green, Ashbocking 10.00am
- 7th 10.30am Ashbocking Coffee Morning** at the home of Brenda Forster at Chimneys, The Green, Ashbocking
- 7th Upbeat concert** 7.30pm at Grundisburgh Church Tickets £8 per head
- 9th Grundisburgh Sunday Club** 10.45am in the Parish Rooms, Grundisburgh
- 10th Otley House Group** 1.45pm – 3pm at the home of Penny Clark of Cherry Bank, Otley
- 8th Otley Christmas Draw**, doors open at 10am with the draw at 11am. Contact Ruth Farnhill for tickets 01473 890543
- 11th BBC Bible Book Club** 10.30am in Grundisburgh, see details elsewhere
- 11th Otley School Christingle** in Otley Church 2.00pm
- 12th Ashbocking House Group** 7.30pm meets at the home of Linda and John Pollard of Hawthorns, The Green, Ashbocking
- 13th Midweek Communion** at 9.30am followed by **Otley Coffee Morning** at the home of Geoff and Ann Robinson – South View, Chapel Road
- 13th 2.30pm Tiddlywinks** in the Upper Room
- 13th 6.00pm Grundisburgh School Carol Service** in Grundisburgh church
- 15th Messy Church does Christmas** 10am – 3pm Grundisburgh Village Hall more details elsewhere
- 15th 12.00noon -1.30pm Burgh Church School Room Soup Lunch** in aid of the Ipswich Night Shelter
- 15th 12.00noon Swilland Christmas Draw** at Witnesham Village Hall with soup and filled rolls, tea and coffee
- 16th 10.15am, Grundisburgh, A festive event to help Traidcraft Exchange**
- 17th Monday House Group** at the home of Malcolm and Sandra Green at 7.30pm
- 19th 10.00am-12.00noon Clopton Coffee Morning** in the Village Hall
- 19th "Going Deeper" Homegroup & Ashbocking House Group** both are still to be confirmed
- 20th Midweek Communion** at 11.30am followed by the **Hasketon Community Lunch** at 12.15 noon - contact Claire Harrington -01394 380644



SWILLAND CHRISTMAS DRAW

at Witnesham Village Hall from 12 noon

Saturday 15th December

Soup and filled rolls, tea, coffee and mince pies available from 12 noon with the draw taking place about 1pm. Tickets 50p each with £50 first prize and lots of other festive goodies as prizes. Produce and book stalls also on the day.



We are really pleased to be able to offer some new dates for the Men's Group for 2018 and 2019:

- Mon 3rd Dec, 6.30pm, Christmas Meal & Quiz, £16
- Mon 28th Jan, 6.30pm, Table talk
- Mon 13th May, 6.30pm

At the Moon & Mushroom in Swilland. The evening will be similar to previously with a meal and usually a guest speaker.

A two course meal (choice on the night) will be £15.

To book please email Mark Cresswell at least a week before. (Mark@Cresswell.onl)



We are really pleased to be able to offer a special Christmas evening...

Mon 3rd Dec, 6.30pm

At the Moon & Mushroom in Swilland. The evening will be similar to previously with a Christmas meal and fun quiz.



The two course meal (choice on the night) will be £16.

To book please email Mark Cresswell at least a week before so we can know numbers.

(Mark@Cresswell.onl)



THE CHRISTMAS UPBEAT CONCERT

Friday 7th December at 7.30pm at Grundisburgh Church £8.00 Per Head

Supporting two charities: Guide Dogs for the Blind and FIND (Families in Need)

There will be carols for the audience to sing, a quiz with small prizes throughout the evening. Mince pies & drinks will be served during the interval.

The Children's Choir from Grundisburgh School will be joining Upbeat.

This year's concert will include new repertoire from The Greatest Showman, La La Land & Mamma Mia!



FANCY A COFFEE?



We have opportunities, throughout December,

Ashbocking – Friday 7th at the home of Brenda Forster of Chimneys, The Green, Ashbocking 10.30am – 12 noon

Burgh – There is not a coffee morning this month but please come to our Soup Lunch and raffle on December 15th from 12 noon

Clopton –Wednesday 19th at the Village Hall
10.00am – 12 noon

Grundisburgh – Saturday 1st 10.00am –11.00am and then SWAPSHOP on Wednesday 5th 10.15am-11.30am both at Grundisburgh Parish Rooms

Otley – Thursday 13th 10.00am at the home of Geoff and Anne Robinson of South View, Chapel Road, Otley

Swilland –There is not a coffee morning this month but please do come to our Christmas Draw on December 15th from 12 noon where there will be soup filled rolls, mince pies, tea and coffee

Do come along and join us

15th December

Burgh Church Schoolroom

12.00 to 1.30pm

Home made soup and rustic bread
£4.00 Fruit crumble and custard £2.00



Raffle of Christmas Hamper in aid of
The Ipswich Night Shelter

Otley & District Gardening Club



We meet at 7:30 pm, 1st Monday of the month at
Otley Village Hall, Chapel Road, Otley

**Monday 4th March – “Butterfly Gardening”
with Dr Ian Bedford**

All welcome - Join up or just come along.

Admission £1.50 (members) £4 (non-members)
Annual membership £10

To find out more, contact either
Alan Trevelyan (01473 890563) or
Isabel Lincoln (01473 890826)

Carlford Groups

Social Groups

Baby Café –4th December 9am Grundisburgh

Hobbies Group –5th December 10am, Clopton

Swapshop –5th December 10.15am,
Grundisburgh Church

Tiddlywinks –13th December 2.30pm,
Grundisburgh

Gardening Club – 3rd December 7.30pm, Otley

Prayer and Study Groups

Ashbocking House Group –12th & (19th TBC)
December 7.30pm, Ashbocking

Going Deeper –5th & (19th TBC) December 10am
Ashbocking

Grundisburgh Sunday Club –9th December
10.45am, Grundisburgh

Monday House Group –17th December 7.30pm,
Grundisburgh

Otley House Group –10th December 1.45pm,
Otley

Beyond Belief –3rd December 10.30am,
Grundisburgh

BBC – 11th December 10.30am, Grundisburgh

BBC

Bible Book Club

A small group - those of faith, agnostics, & atheists -interested in the historical context of Christian literature.

We meet in Grundisburgh on just four Tuesday mornings each year.

**Our next meeting is on
December 11th 2018 at 10.30am.**

Discussing:

'The Meaning in the Miracles'
By Jeffrey John

Why not get a copy and start reading now, we would be very pleased to have you come along.



Enquiries: Paul Wiffen
paulwiffen222@btinternet.com
or **01473738474**

**Please let us know if
you will be joining us.**



Grundisburgh Village Hall Sat 15th Dec

Come and have a fun day playing games, making things and learning about Christmas!

This day will be run by the Messy Church team for children only. Each child should bring a packed lunch and drink. They need to wear suitable clothing and shoes that they can run around in.

Holiday club is for children going into year 1 to those leaving year 6. The full day is from 10am-3pm and costs £5. For under 5's with their parents a half day is available, 1pm-3pm Cost £2. We do need money to be paid to secure a place.

Sign up soon as we have a limited number of spaces!

Any questions please email mark@cresswell.onl.

We would love to see you all but we do need the paper forms and payment.

To register please collect a form from the back of Church or Download from:

carlfordchurches.org/messy-church/



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Clopton, Grundisburgh, Haxleton,
Otley, Swilford.
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Buy Fairtrade & Ethical Goods

*Sugar & Honey Coffee & Chocolate
Bamboo Socks, Greetings Cards*

**Charity Christmas Cards
are now in from**



**Gifts and
Decorations
for the Tree**



Buy from the Stall

Coffee Morning Parish Room Saturday Nov 3rd

St. Mary's Sunday November 4th 12pm

Cafe 66 Village Hall Wednesday mornings

Catalogues from the stall and in St. Mary's church

Orders and information from Pat Fletcher
01473 735 775 p.j.fletcher45@gmail.com

This Christmas

Help people living in poverty get more from the hard work they do every day by using the Power of Trade to end Poverty.



Help Traidcraft Exchange to Change the World to make it a more just place for us all and what better time than Christmas.

At Morning Prayer in Grundisburgh on the 16th of December

There will a festive event to help Traidcraft Exchange as they reach out to people across the world.

Come early, come at 10.15 to enjoy refreshments before, as well as after, the service. Fairtrade mince pies and ?? Last Fairtrade Stall of 2018. Your donations please!!

We are reminded in Isaiah 58:10 to *'Feed the hungry and help those in trouble. Then your light will shine from the darkness, and the darkness around you will be as bright as noon.'*



WANTED at Burgh Church



Churchyard Maintenance Needed

- Grass Cutting in Season
- Weed Control as Required

For more information
and rates of pay Contact

Malcolm Green
Treasurer Burgh PCC
07798748168

? Beyond ? Belief Autumn 2018

What do we really know about these Bible topics ?

We are a small group which gives us the opportunity to discuss areas of Christian Faith at meetings held at **GRUNDISBURGH PARISH ROOMS, 10.30am-12.00noon. The final session is on Monday December 3rd.**

Biblical Topic Discussion 3: 'What do you know about Jesus Christ and his Life? Fun Quiz. References: The New Testament

Why not come and try our group?

Enquiries: Paul on: 01473 738474 or paulwiffen222@btinternet.com

St Mary's, Grundisburgh

Toy Gift Service

Sunday

2nd Dec

11am

In aid of:



Lighthouse
Women's Aid

Every year we hold a Toy Service and collect gifts for families in need. This year we are supporting Lighthouse Women's Aid. If you would like to support this – please bring a gift along to our Toy Service on Dec 2nd Dec, 11.00am or if unable to come – leave your gift at the back of church.

Ideas:

Gift cards in £5 denominations are very welcome, these can be from any local store or supermarket. Otherwise toys your own family like to play with. Unfortunately we cannot give chemistry sets, gun/knife type toys, alcohol or ignitable items such as fireworks or candles.

Please can all gifts be donated unwrapped.

Thank you



From The Editor The cut off date for material to be included for the January edition will be the **1st of December** and material should be sent to Clare at revclaresanders@tiscali.co.uk & Amy at bakergirl174@gmail.com please.



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