

B E N E F I C E C A L E N D A R

October 2012

Saturday 6th October

10.00 am Messy church

Otley

Sunday 7th October

9.15 am Holy Communion
11.00 am Family Service (Harvest)

Trinity 18
Swilland
Otley

Sunday 14th October

9.15 am Holy Communion
11.00 am Family Service (Harvest)

Trinity 19
Clopton
Ashbocking

Sunday 21st October

9.15 am Holy Communion
11.00 am Family Service

Trinity 20
Otley
Swilland

Sunday 28th October

9.15 am Holy Communion
11.00 am Family Service
4.00 pm Evening Prayer

Bible Sunday
Ashbocking
Clopton
Otley

Sunday 4th November

9.15 am Holy Communion
11.00 am Family Service
6.30 pm Service for All Souls

All Saints
Swilland
Otley
Ashbocking

HOUSE GROUPS: We have two benefice house groups, to which all are welcome. The daytime group meets on the 2nd and 4th Mondays of the month at 1.30pm at Penny Clark's house (Cherry Bank, Otley). The evening group meets on the 1st and 3rd Wednesdays at 8.15pm at Karin Upson's (16, Spring Park, Otley). New members are always welcome.

Sunday Bible Readings

7th October : Trinity 18

Gen.2:18-24 Heb.1:1-4;2:5-12 Mark 10:2-16

14th October : Trinity 19

Amos 5:6-7,10-15 Heb.4:12-end Mark 10:17-31

21st October : Trinity 20

Is.53:4-end Heb.5:1-10 Mark 10:35-45

28th October : Bible Sunday

Is.55:1-11 2Tim.3:14-4:5 John 5:36-end

4th November : All Saints

Is.25:6-9 Rev.21:1-6 John 11:32-44

Prayer for the month

Lord, make me an instrument of your peace. Where there is hatred, let me sow love. Where there is injury, pardon. Where there is doubt, faith. Where there is despair, hope. Where there is darkness, light. Where there is sadness, joy. O Divine Master, grant that I may not so much seek to be consoled, as to console; to be understood, as to understand; to be loved, as to love. For it is in giving that we receive. It is in pardoning that we are pardoned, and it is in dying that we are born to Eternal Life.

St. Francis of Assisi

LETTER FROM JANE HALL

Resting awhile with God

As September comes to an end I feel rather relieved because it always seems a busy month as the holiday season ends, pupils and teachers return to school, others go off to college, meetings resume, there are jobs to catch up on and a general feeling that life is gathering pace again. Harvest has been gathered in and perhaps a folk memory stirs reminding us to cut logs, make pickle and store apples away for the winter months. We have been holding Harvest Festival services in the Benefice to celebrate God's goodness, the abundance of food we enjoy as well as the harvest of our gardens and local farms.

In contrast, October feels like a month in which to take stock, to settle down to routines again and perhaps to allow some time for ourselves.

Harvest is over, cultivation is under way and seeds will be germinating. We know that plants need light, warmth, food and water to flourish. What do we need as humans? A 15th century mystic, *Catherine of Sienna* wrote:-

The sun hears the field talking about effort, and the sun smiles and whispers to me, "Why don't the fields just rest, for I am willing to do everything to help them grow?" Rest, my sweet ones in prayer.

Perhaps, for us to flourish, to grow sweet blossom, to bear fruit and live life fully, we need to rest awhile. The fruit of the spirit, like the fruit of the fields grows without our striving or our conscious effort. If we rest in prayer and know God's love, we grow and we can flourish. In October I hope occasionally to sit down, to be still, to sigh and be at peace. I can find it hard to make time for stillness and even harder to stay focused on God, but just sitting down with a cup of tea and nothing to do at all but rest awhile is a good start!

Inner peace is so hard to find and even harder to hold on to in our busy and driven world. The Church remembers St Francis of Assisi on 4th October. He was born in 1181 in to a rich family and served as a soldier, before giving up wealth and rank to devote his life to peace; not just the peace that is freedom from war, but also the inner peace that enables us to act in loving service. His famous prayer is printed for this month.

Rev'd Jane Hall

FROM GRAHAM HEDGER – Priest in charge

Men's Group 20th November 7pm

Years ago when I took over leading a youth group I asked them what did they want on the programme? The first thing they asked for was a church crawl. Yes, an afternoon looking at old church buildings with Roy Tricker. I thought they had gone mad until I met Roy. Then I could see why they thought this was good fun. Roy is passionate about churches and how they convey an understanding of both history and the Christian faith. Now I would be the first to confess that I don't know much about any of the four churches in the benefice. So I am looking forward to our November meeting when Roy is going to take the Men's Group around Otley Church. He is amusing, knowledgeable and makes history fun. And.. as usual, we will round the evening off with a meal in the White Hart.

So, guys, if you haven't been before, now is the time to join us. Please contact David Papworth to confirm you wish to come.

Otley Church Hearing Loop System

You will remember that in September I wrote about the installation of a hearing loop system in Otley Church, thanks to the generous bequest of the late Mr. John Fosdike. We are now able to say that on Sunday 4th November the Family Service at 11am will include the dedication of the new system. Joining us for the service will be members of the Deaf Choir from the Ipswich Deaf Church. Many will recall that they joined us for a Songs of Praise in Ashbocking last year.

Evening Prayer in Otley Church

For this winter we will experiment with a different time for Evening Prayer. Several people have commented that they don't like coming out on cold dark winter evenings and so when the clocks change we will hold the service at 4pm instead of 6.30pm. The first service at the new time will be on 28th October.

Graham Hedger

Carlford Group Activity Worship Workshop November 17th

"I am the Church, you are the Church, we are the Church together, all who follow Jesus all around the world – yes we're the Church together". The words are from a popular children's song. They express our understanding of Church as people, not just the building – called to worship God and make his name known. St. Paul used the picture of a body to describe how the Church works, each of us in partnership with one another, using our different skills, gifts and abilities, led by God's Spirit.

Within the Carlford group of 12 parishes we are blessed with clergy and ministers, but they are not the Church. It is together that we become the Church, the Body of Christ. The Worship Workshop in Grundisburgh church on Nov 17th gives us the opportunity to explore and learn more about how we all can work together to ensure that the worship we offer is of good quality and that it is "owned" by the Church, the people of God, not done unto you, by clergy, but involving all of us working together and building one another up in the Body of Christ.

What will the day look like?

9.30am Refreshments on arrival

10.00am Introduction and Opening Worship

10.15am -11.00am a choice of workshop

Leading Intercessions - Liz Hammond (Hoxne Group Ministry)

Leading intercessions - Liz Hammond (Hoxne Group Ministry)

Reading in church - Paul Laughlin (Reader in Tuddenham benefice)

Leading Morning and Evening Prayer - Philip Banks (Precentor at the Cathedral)

Leading family worship -Helen Woodroffe (Diocesan Childrens Officer)

Ministry of welcome - Margaret Blackall (former Diocesan Tourism Officer)

11.00am-11.30am Break for refreshments

11.30am-12.15pm Workshops continue

12.15pm-12.30pm Closing Worship

To enrol, please contact me on 735183 or revclaresanders@tiscali.co.uk and indicate which group you would like to join.

Clare Sanders - rector of Grundisburgh

Harvest Festival at Otley Church -An invitation to all families and youngsters in the benefice

Please come to St. Mary's for Messy Church on **Sat. 6th October** between 10.00am and 12noon to celebrate harvest, learn where the things we eat originate from and to thank God for his goodness. We will make a harvest loaf, visit a local farm, collect berries and leaves for a display, learn, sing and pray together. There will be refreshments and what we learn will be shared at the Harvest Festival the next day, **Sunday 7th** at 11.00am. Please come to this too. We shall think about fruits - of the animal, plant and mineral worlds, of the sea, of our minds, and of our hands. Please bring something that symbolizes one of these for you.

Then join us afterwards for lunch at Otley village hall. Everyone is welcome to share soup and fruit crumble provided by church members – there is no need to book or bring food (but offers of help or contributions should be made to Ruth Farnhill 890543)

If you want any more details do ring us (785251) – we look forward to seeing you!

Jane and James Hall

NEWS FROM THE PARISHES

ASHBOCKING

Our harvest festival is on 14th Oct. at 11 am. Refreshments will be served afterwards.

CLOPTON

It was a lovely sunny day for the SHCT Cycle Ride and Louise Witherden and Mike Williams cycled for Clopton. They cycled in a group of six and travelled fifty two miles, visiting twenty six churches. Well done and thank you both. Thank you as well to those who sat in the church as recorders. Twenty nine cyclists visited, the highest number since 2005.

On **Thursday 4th October** the Ladies Group will hear Malcolm Taylor talk about Hearing Dogs for the Deaf. Everyone is welcome and the meeting starts at 8pm in the village hall.

The October coffee -morning is on **Wednesday 17th** from 10.00am until noon in the village hall and will be hosted by Julie Gittoes. Clopton is such a spread-out village and this gives an ideal opportunity for everyone to meet and get to know one another, it is always great to welcome new people.

The web site (www.cloptnchurch.org.uk) is getting a lot of 'hits' and so far people have logged in from America, Germany, Bulgaria, Australia, India and the Russian Federation! It would be interesting to know why they were searching for Clopton. Hopefully it will not be too long before we can form a group to research more of Clopton's history to put on the web site.

Doris Main

Church Flowers for October
Church cleaning for October

Beryl Birchmore
Doris Main

OTLEY

Please see the earlier notice about our Harvest Festival and lunch on October 7th. The collection will be for Farm Africa.

The sponsored bike-ride for the Suffolk Historic Churches Trust took place on a perfect day - sunny with a light breeze. Cycling for Otley were James, Jane and Katie Hall, David Chittock, Phil and Tig Sweet, and the Rogersons. There seemed to be more cyclists on the road this year and forty visited Otley church, the furthest being from Writtle in Essex. It is such a friendly event, and an opportunity to see some of our lovely English churches - one of our favourites is Crowfield. Thank you to everybody who supported us, and those who were on welcoming duties at the church. We will let you know the result once all the sponsorship money has been collected in.

At the village show the chairman of Suffolk Coastal District Council made the presentation of the cup for the Best Village of the Year and a cheque for £200, which was received by Penny Sunaway on behalf of the Community Council. Please see Vanessa Osborne's note below. The numbers of entries in the classes at the show were lower than last year, but still better than expected after the wet summer, and plenty of people came to see the exhibits.

The next Community Council events are the Fireworks evening on **3rd Nov.** and then the Christmas dinner dance on **8th Dec.** Penny is now taking bookings for the latter at the Post Office. Tickets cost £20 per head and include a welcome drink on arrival, three-course dinner and disco.

The Gardening Club starts a new season on **8th Oct. at 7.30pm**, when Matthew Tanton-Brown will be speaking about 'Companion Planting - not just for pest control!' Matthew is well-known to us - he is the manager of The Place for Plants in East Bergholt, and is an interesting and knowledgeable speaker. Everybody will be welcome - membership is £10.00 for the year.

The next monthly coffee-morning will be held on **11th Oct.** at Lavender House, The Green, the home of David and Tess Papworth.

There will be samples of this year's Christmas cards for the Otley Church Preservation Trust and orders will be taken.

Rita Ling has died after a long illness, and we send our love and sympathy to Russell and all of her family, of whom she was so proud. Rita died on the day of the village show which seemed very apt as she had been on the organising committee for many years, and she loved tending her beautiful garden. The church was packed for her memorial service. We heard how she was at the heart of village life ever since she married Russell and came to live here from Earl Soham, and supported him in the many roles that he took, as well as everything else that was happening in Otley. There were warm and moving tributes from her family about her part in their lives. She was a member of the Young Wives, and then later organised the church flower rota, designed and planted the triangular flower bed in front of the church, and raised funds with her spring plant sale. She was a skillful dressmaker and a wonderful cook, but flowers were her passion and she would have enjoyed the display in church at her service. She was so talented and we shall treasure fond memories of her.

Rose Rogerson

Otley Local History Group

I hope that many of you were able to visit and enjoy the local history exhibition at the village hall. I hope you saw the new book "Otley Past: Folklore and Local History" by Russell Ling and Lester Hawes. The work has been in progress for many years, and contains many fascinating memories of Otley village life over the years. If the exhibition and book have prompted you to help us to identify people and events, or perhaps to rediscover long-forgotten photographs and memories, do please get in touch with Russell or me.

I have now become the Otley Local History Recorder. I will continue to collect photographs, posters, newspaper cuttings and other records of events and changing times in Otley. These will be added to the work of earlier village recorders, which is now preserved at Ipswich Record Office. Please help in maintaining a record of village life, particularly by letting me know about special events and occasions in Otley.

The next Local History Group meeting will be at the White Hart, **7.30pm on Thursday 15th November**, when we will be discussing forthcoming

projects. Do come along, or get in touch with me direct.
historian2007@gmail.com or telephone 892030

Sally Whiffing

Otley Local History Recorder & co-ordinator of Otley Local History Group

Otley wins village of the year awards 2012

Otley is delighted to have won the Suffolk Coastal Village of the Year Award for 2012 and Penny Sunaway was presented with the annual Trophy and a cheque for £200 at the Otley Village Show. The trophy is on display in the window of the shop. Otley went forward as the District Council's representative in the County-wide competition, organised by Suffolk Association of Local Councils, and was judged on 8th August, but unfortunately was not so successful. Bardwell, Worlingworth and Cockfield all go through to the final of Suffolk Village of the Year being judged on 22nd September. Although the judges were extremely impressed with the Village Stores and the range of services provided and the co-operation between Otley College and the White Hart Pub and the Community as a whole, it was not enough for Otley to win the Suffolk Village of the Year. However, winning the Suffolk Coastal award is testament to the many residents who volunteer and offer support to the village, and its numerous clubs and activities - we should be very proud!

Vanessa Osborne

Poppy Wreaths

If anyone who would like to order a wreath for the Poppy Day service can you please contact Victoria Hook on 01473 890782 or e-mail woodfarmkitchens@btconnect.com

Victoria Hook

T.O.P.S are staging a Murder Mystery, 'Who killed the Vicar?' with dinner, on **Friday, 9th and Saturday, 10th November**, in Otley village hall. Why not bring your friends and make up a table of eight for this thrilling 'Who dun it', with quiz and prizes? Tickets at £12.50 are available from Joan Parish on 890715. Book early!

Church Flowers
Church cleaning
Brasses:

Harvest - everybody/Helen Jay
Mary Hunt/Ruthie Bullock
Karin Upson

Otley Village Diary

4th October Friendship Club - Chris Parfitt

7th October Harvest Lunch - St Mary's PCC

18th October Friendship Club - Gavin Hodge, Age Concern

27th October Hallowe'en Party - Gym Club

30th October/2nd November Activity Mornings - Suffolk Coastal DC

3rd November Fireworks Evening - Community Council

Otley Church Sidesmen's Rota

7th October 11.00am Harvest Festival Church Wardens et al

21st October 9.15am Holy Communion Mr R Treloar

28th October 4.00pm Evening Prayer Mr D Papworth

Otley Hall Quiet Days: **10th Oct** – Rev Hilary Sève – Icons “Window on the Kingdom”. **16th Oct** – Rev Martin Davies – Hymn writers and their stories.

27th Oct - Rev Gordon Melvin – The Enneagram part 2.

Tel. 890264 or email: enquiries@otleyhall.co.uk

Some thoughts from Alyson Chilvers and John Parish, Games Makers from Otley

I was fortunate enough to be selected as a Games Maker for the 2012 Olympics and carried out my duties as a member of the print distribution team at the North Greenwich Arena. This was the venue used for the gymnastics and the basketball finals. My role involved distributing start lists and results to the various dignitaries of participating countries, the competition officials and the press teams.

Undoubtedly, one of my highlights was bumping into the 1970's Russian gymnast Olga Korbut, whom I can remember watching with my family on a black and white television when I was a child. I also managed to take a rather blurred photograph (my hand was shaking with excitement) of Kate, the Duchess of Cambridge, who on one occasion was sitting just a few seats away from me.

As broadcast by the media, there really was a fantastic atmosphere; everyone was so excited, positive and above all else, friendly. One day, whilst travelling on the underground proudly wearing my red and purple Games Maker uniform, I was approached by an American, who asked if I

would sell any part of my attire as a souvenir for him to take back to America. I wasn't at all tempted. I was very proud to be a Games Maker and to play just a tiny part in helping to deliver the most amazing sporting event in history. And well done Team GB!

Alyson Chilvers

Unlike Alyson, my role was a little less glamorous with no celebrities to see and no shaky camera-hands. We were not allowed to sit in the audience during our breaks, certainly to begin with, even though there was plenty of space.

I was in Entry Security at Earls Court (volleyball), a not very sexy venue, due to be pulled down next year and replaced with flats. We worked nine hour shifts, up at 4am to arrive on time, across London from Chingford. I was staying with Joan's aunt as it was impossible to arrive on time from Ipswich as well as being very expensive. (Uniform, Oyster Card and a meal ticket were the only things provided to volunteers).

On the first day, a Sunday, there were no trains early enough to arrive on time. I took a taxi to Stratford at 5am dressed rather self-consciously in purple and pink then London over-ground to Earls Court with no idea where to go. I eventually found my team and was taken to the entry lanes. MOD personnel were on the X-ray machines and metal detectors. I was normally a tray -loader with a big smile and high fives. "Hi, how are you, had a good trip here?" "Any liquids?" and "put anything metal in the tray please – belts, coins, keys, mobile phone, watch," There would be a fixed smile from those who couldn't understand a word of English, followed by my pantomime explanation, which helped to keep the enthusiasm and smile going. At least I was **very** busy leading up to session entry; other volunteers had very little to do.

I met some brilliant soldiers from Northern Ireland as well as the Black Watch, some of whom had been to Afghanistan several times. One squaddie I worked with was supposed to be on leave with his wife and new young child. I gave him my wonderful pink Games Maker watch, which he was going to give to his new daughter.

Although I won't be applying for a job at airport security as a career change, it was certainly a new and different experience that I would not have wanted to miss.

The soldiers and 99.9% of the spectators were brilliant, as were most of the Games Makers. It was an Olympic summer of high endeavour and great achievement that will live long in the national memory. I hope that, in our small individual ways, Alyson, 70,000 others, and I helped to make it an enjoyable memory.

John Parish

SWILLAND

Churchyard Working Party – Saturday 6th October

Adrian Ward keeps our churchyard beautifully tidy. Every now and again we organise a working party to clear round the back extremities remove any overhanging branches and strim round the base of the hedges etc. If anyone is able to help during the day it would be much appreciated. Any tools you can bring will be most useful. We will start about 10am. Cold drinks, biscuits and cakes will be provided to keep you going. Please let me, Gill Reidy or Brian Williams know if you are able to come, or just turn up.

Quiz – 7 p.m. Saturday, 17th November, at Witnesham village hall

This will be the usual format – teams of four - £5 per person. Refreshments will be served half-way through. Please bring your own drinks and glasses. Tea and coffee will be available. Please let me know on 01473 785262 or email: davidandannkent@hotmail.co.uk if you are able to bring a team.

Christmas Draw – 1pm Sat. 1st December at Witnesham village hall.

Soup, rolls and mince-pies will be available from 12 noon and there will be stalls for cakes, biscuits, preserves, produce, gifts and books. Contributions to these will be very welcome. Tickets for the draw will be available from the beginning of October. If you are able to help sell these or contribute towards the prize list please contact me.

Ann Kent

Church Flowers

7th October

14th – 21st October

28th – 4th November

Ann Kent

Kim Shaw

Ann Kent

HOST

At home this Christmas? London 2012 brought talented people to Britain. But did you know this happens every year? Thousands of bright young men and women come to study at our universities. Sadly, most have no contact with British people outside the campus. Some miss their families; many are curious about the real life of Britain. That's why HOST arranges for them to spend a day, weekend or 3 days at Christmas as guests in hospitable homes. This is a great opportunity to get to know someone from another country, and help them to feel welcome. As a volunteer host, you could enjoy introducing a student of your choice to your way of life and perhaps to their very first Christmas. Please call David on 01508 483 838 or see www.hostuk.org.

Debenham Group Practice “FLU VAC DAY” Wednesday 10th October 2012

9.00 am – 1.00 pm Debenham Community Centre - no need to book

We encourage all our eligible patients to attend this session.

You are eligible if you are aged over 65 years, or suffer with: asthma; diabetes; chronic respiratory disease; chronic liver disease; chronic heart disease; kidney disease; or have had a previous stroke; or are immunosuppressed. We will advertise limited additional sessions at your local surgery after this session.

Rainfall – August 2012

It is now official - this has been the wettest summer since 1912. I don't doubt that in many parts of the country this is true, but although we have had four wet and miserable months with seemingly continual rain, the total rainfall amounted to 13.35 inches in Otley, the majority falling in July. Dennis Hawes who used to work for me, told me on many occasions how wet 1912 had been. He also informed me that in the harvest of that year, on one of our field that had a moderate slope, the rain washed the sheaves of wheat from the top of the field to the bottom. One has to remember that the wheat varieties at that time had very long straw and also the yield of grain was very much lower and therefore the sheaves would be much lighter than now. In my memory of wet years, 1946 stands out, but I will tell you more of that next month. The total rainfall for August came to 1.25 inches making a total so far for the year of 17.70 inches.

Russell Ling

In praise of grandparents

How often do your children see their grandparents? Sadly, an estimated one million children in the UK may not see their grandparents at all, because so many families separate or lose touch.

Yet grandparents can offer so much in terms of love and stability. They have the time to really play with their grand-children, to take them places, help with homework, attend school events in a 'cheerleading' role, and offer wise advice and support. Research has found that in times of family crisis, children who felt close to a grandparent felt more resilient and protected.

There are 14 million grandparents in the UK, and this month they have their 'day'. It is 7th October, 'Grandparents Day' for the UK. It is only the fourth such day in the UK so far; it began in the USA in 1978, and Age Concern brought it to the UK in 1990. If you have grandparents in your family, here is an opportunity to show your appreciation. But really, who needs an excuse to tell grandparents that you love them?

SMILE LINES

Fitting God in - A little girl said to her mother: "The minister's sermon this morning confused me." Her mother was surprised, so the little girl continued: "He said that God is bigger than we are. Is that true?"

"Yes, that's true," the mother replied.

"He also said that God lives within us. Is that true, too?" Again the mother agreed.

"Well," said the girl. "If God is bigger than us and he lives in us, wouldn't he show through?"

PARAPROSDOKIANS... (Winston Churchill loved them) are figures of speech in which the latter part of a sentence or phrase is surprising or unexpected; frequently humorous. Could you invent one?

1. Where there's a will, I want to be in it.

2. The last thing I want to do is hurt you, but it's still on my list.

3. Since light travels faster than sound, some people appear bright until you hear them speak.

4. If I agreed with you, we'd both be wrong.
5. We never really grow up; we only learn how to act in public.
6. War does not determine who is right - only who is left.
7. They begin the evening news with 'Good Evening,' then proceed to tell you why it isn't.
8. To steal ideas from one person is plagiarism. To steal from many is research.
9. Buses stop in bus stations. Trains stop in train stations. On my desk is a work station.
10. I thought I wanted a career. Turns out I just wanted pay cheques.



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GUARDIAN ANGELS

2nd October is the feast day or celebration of guardian angels. A guardian angel is an angel who protects and guides a person. Angels are mentioned in 34 books of the Bible: they protect people from danger and are a bridge between God and the world.

Acts (chapter 12) tells how Peter was put into prison by King Herod, but the night before his trial an angel appeared to him, and told him to leave. Peter's chains fell off, the prison doors opened of their own accord, and the angel led him out.

Even little children have a guardian angel: Jesus said "See that you despise not one of these little ones: for I say to you, that their angels in heaven always see the face of my Father who is in heaven." (Matthew, chapter 18).



Guardian angels cannot change what we do but they will lead us, if we wish it, to the Kingdom of Heaven.

WHICH ANGEL?

Write the first letter of the answer to each of these questions in the boxes below. Then rearrange the letters to make the name of an angel who delivered a special message....

1. The first man
2. A book of the Old Testament is named after this queen
3. A giant killed by David
4. He was Ruth's second husband
5. Son of Abraham, father of Jacob and Esau
6. A doctor who wrote the third Gospel and Acts
7. Another book of the Old Testament named after a woman.

**How do you help a donkey?
Give assistance.**

**Where's spaghetti junction?
Just pasta Birmingham.**



**How do pigs make coffee?
With a coffee porkulator.**

-
- 1.Adam 2.Esther 3.Goliath 4.Boaz 5.Isaac
6.Luke 7.Ruth
Rearranged the letters give you Gabriel.

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